The March Merits:
A 13-Year Evolution of Giving
A Philanthropic Portfolio and Family Legacy (2013–2026)
NotebookLM

13 YEARS OF COMPASSION

A Philanthropic Journey from Spiritual Merit to Humanitarian Duty (2013–2026)

Curated Visual Memoir

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2013 සිට 2026 දක්වා: යුතුකම්, මානුෂීය මෙහෙවර සහ ශාසනික පූජාවන්ගේ සිතුවම්

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A TAPESTRY OF MERIT

A Decade of Giving, Duty, and Dhamma (2013–2026)

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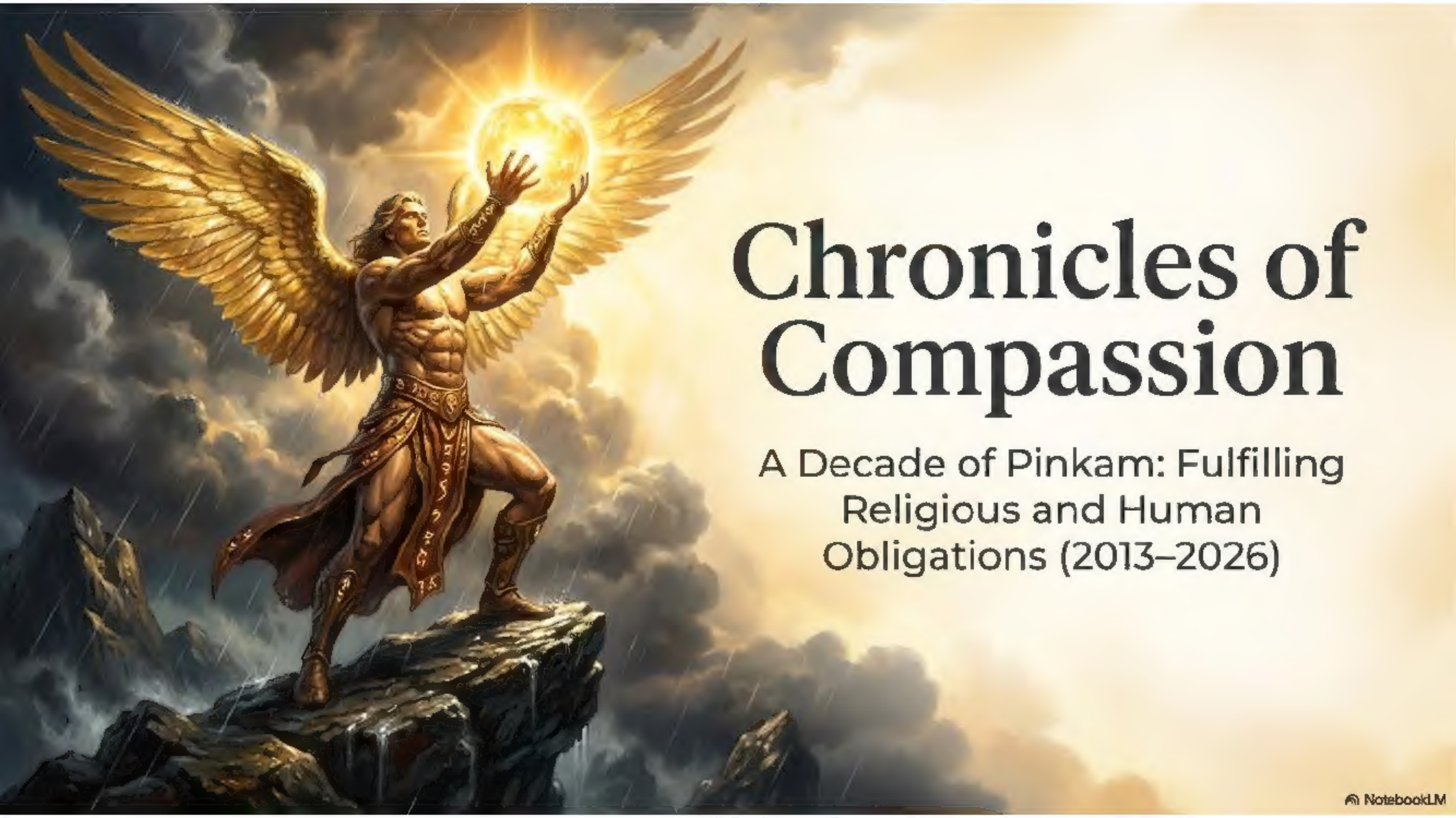

Chronicles of Compassion

A Decade of Pinkam: Fulfilling Religious and Human Obligations (2013–2026)

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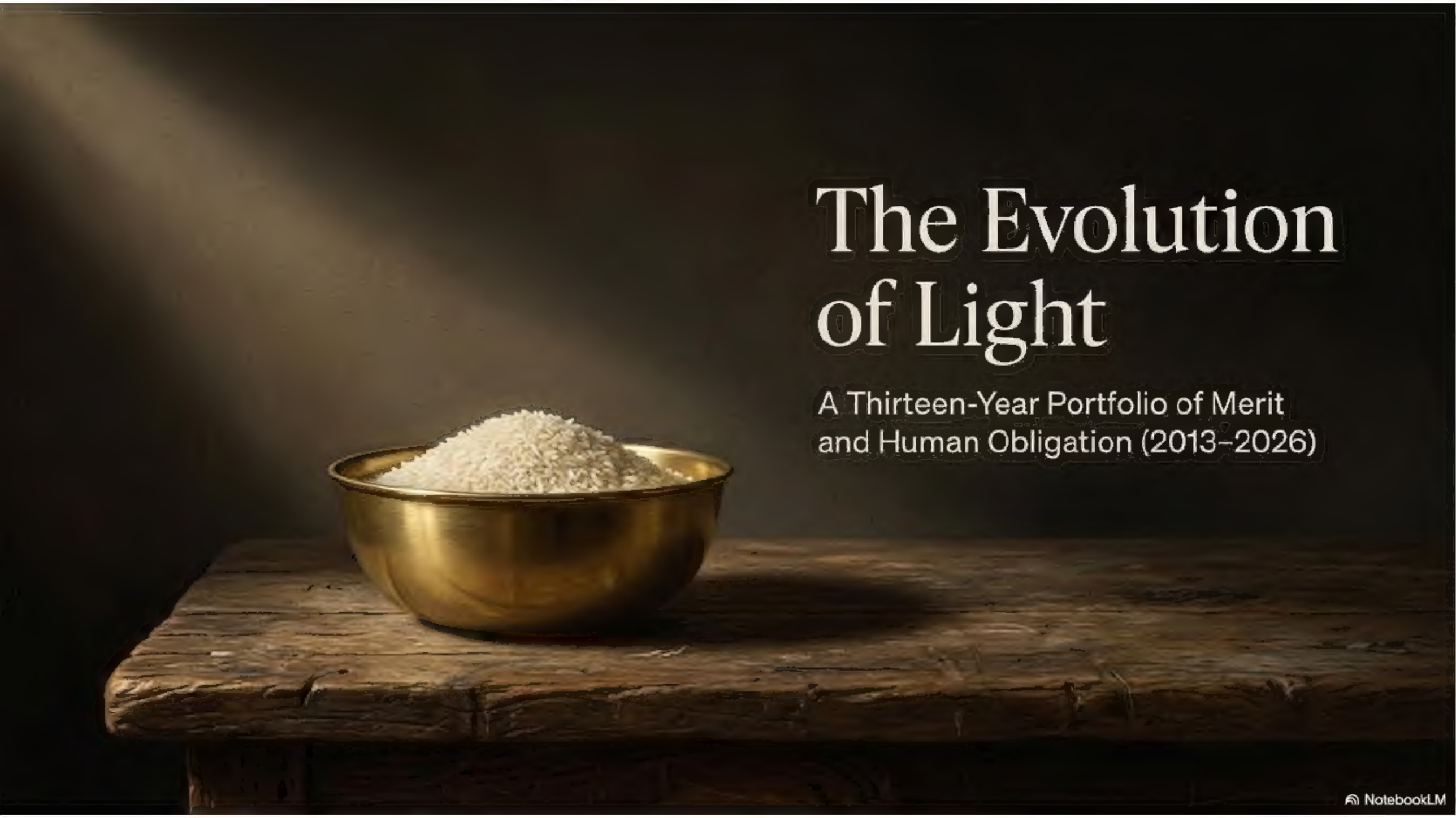
The Evolution of Light
A Thirteen-Year Portfolio of Merit and Human Obligation (2013–2026)
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Measuring Compassion

Sasanika (Spiritual)
Supporting the Sangha and preserving the Buddha's teachings.

Humanitarian (Social Relief)
Alleviating the suffering of the vulnerable, homeless, and sick.

Yuthukam (Duty)
Honoring family obligations, parents, and deep personal bonds.

THE LIFELINE METRIC: Throughout this journey, the scale of generosity is measured not in raw currency, but in Lifelines—how many months an average family could survive in Sri Lanka on the donated amount.

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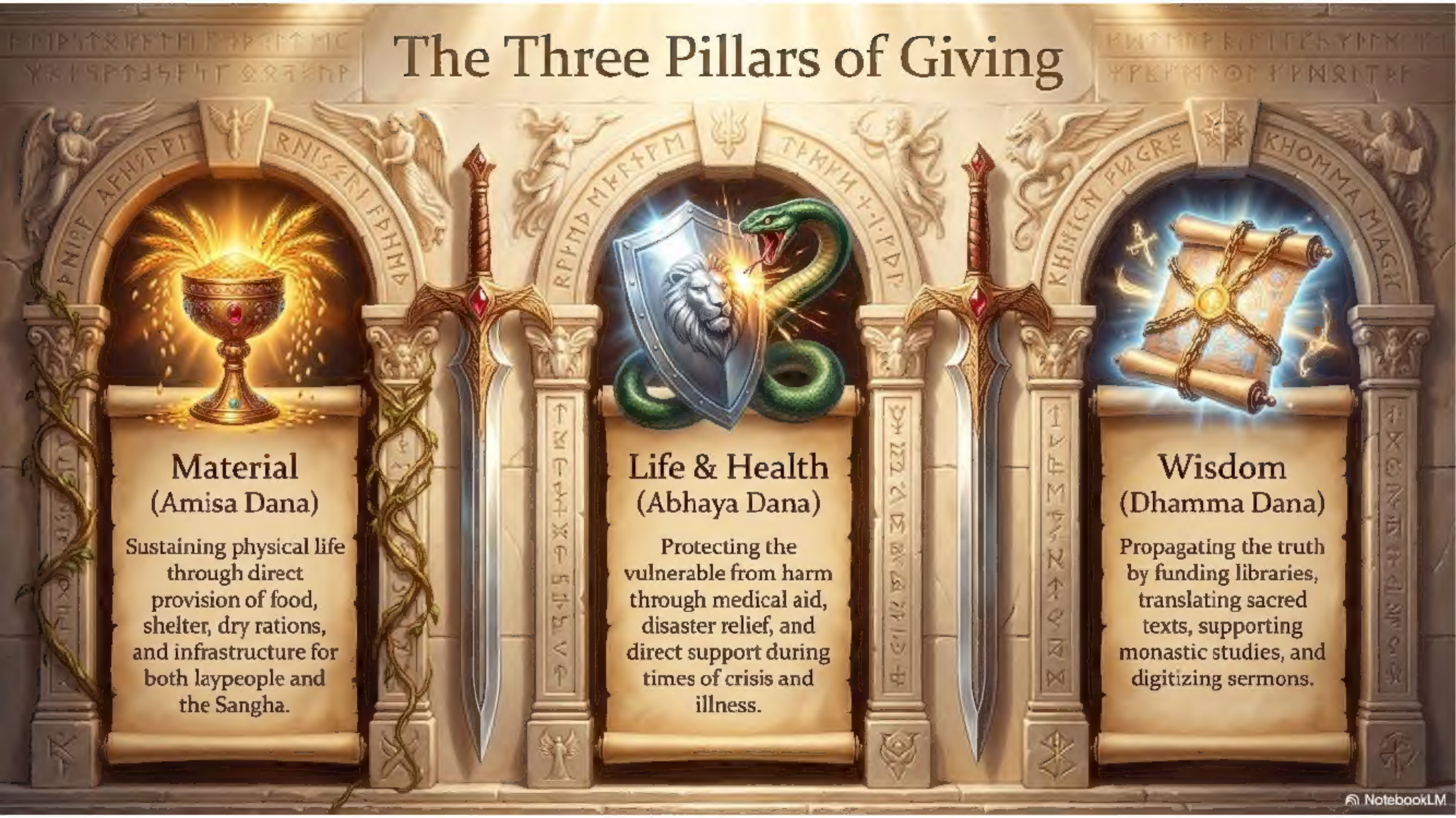
The Three Pillars of Giving



Material
(Amisa Dana)

Sustaining physical life through direct provision of food, shelter, dry rations, and infrastructure for both laypeople and the Sangha.

Life & Health
(Abhaya Dana)

Protecting the vulnerable from harm through medical aid, disaster relief, and direct support during times of crisis and illness.

Wisdom
(Dhamma Dana)

Propagating the truth by funding libraries, translating sacred texts, supporting monastic studies, and digitizing sermons.

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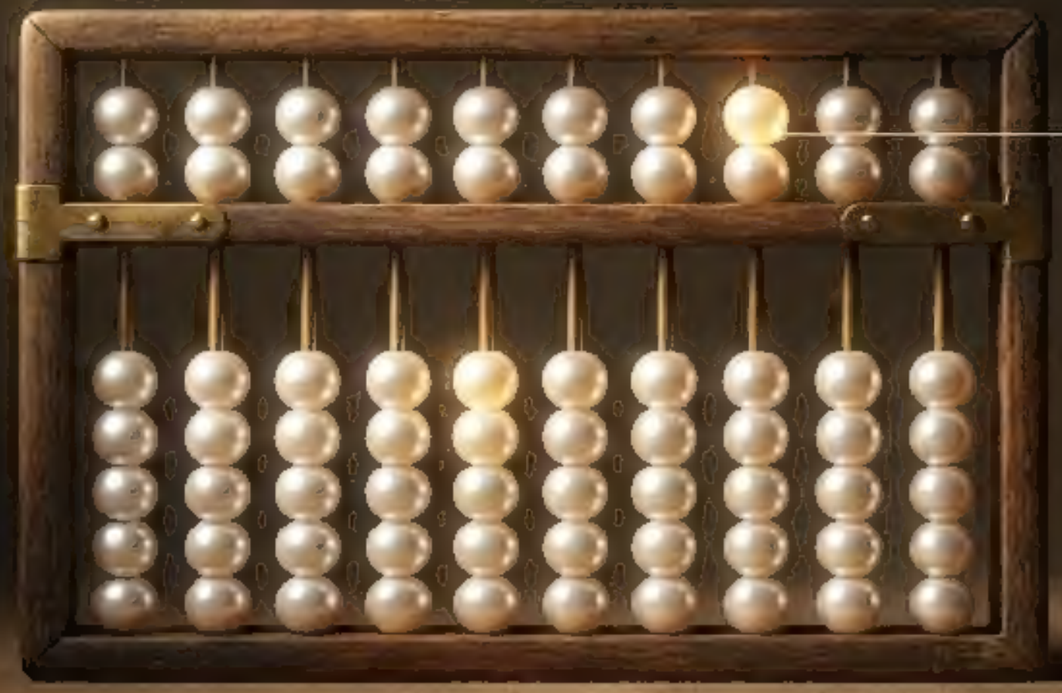
Measuring Impact Through Human Sustenance

To understand the true weight of these offerings, financial contributions are not measured in rupees or dollars, but in the time they can sustain a life.

Throughout this journey, the baseline metric of generosity is the **SL Living Month.**



1 SLLM = The total living expenses required to sustain an average family in Sri Lanka for one entire month.

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Measuring Impact Not in Currency, but in Sustenance

=

1 Month of Living Expenses for a Sri Lankan Family

Throughout this 13-year journey, financial contributions were intuitively measured by a deeply human standard: how many months a family in Sri Lanka could survive on that exact amount.

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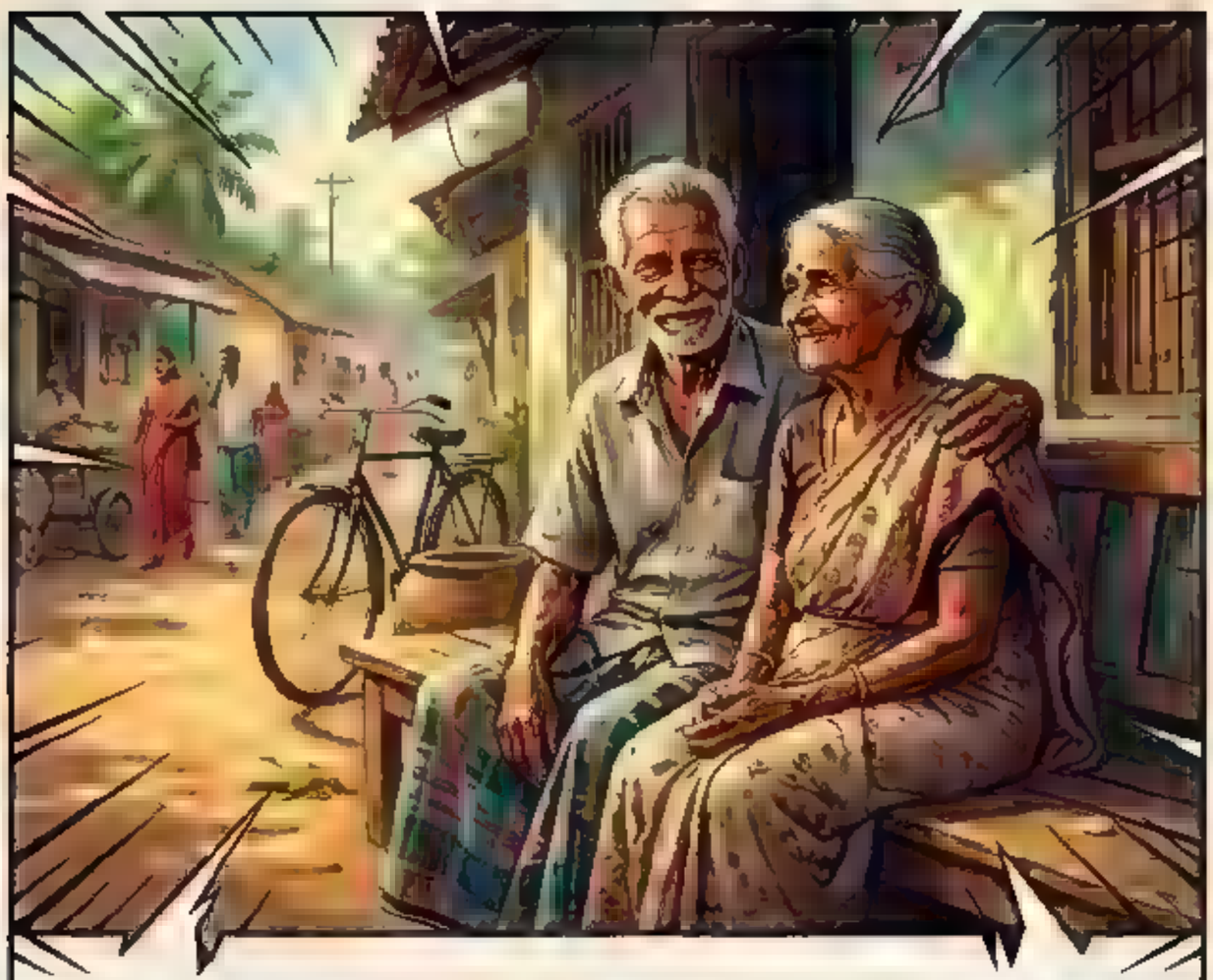

THE EVOLUTION OF PURPOSE

The journey began rooted in Shasanika—the pursuit of religious and spiritual merit through giving. However, over 13 years, the underlying motivation evolved into a profound sense of pure humanitarian duty and familial obligation.

THE CURRENCY OF COMPASSION

IMPACT MEASURED IN:

To truly understand the weight of these acts, we must discard standard currency.

MONTHS OF LIVING EXPENSES

To truly understand the weight of these acts, we must discard standard currency.

Throughout this archive, impact is measured not in Rupees or Dollars, but in Time.

Specifically, the cost of giving is calculated by how many Months of a Sri Lankan Family's Living Expenses it equates to.

We did not just give funds; we financed parallel lives.

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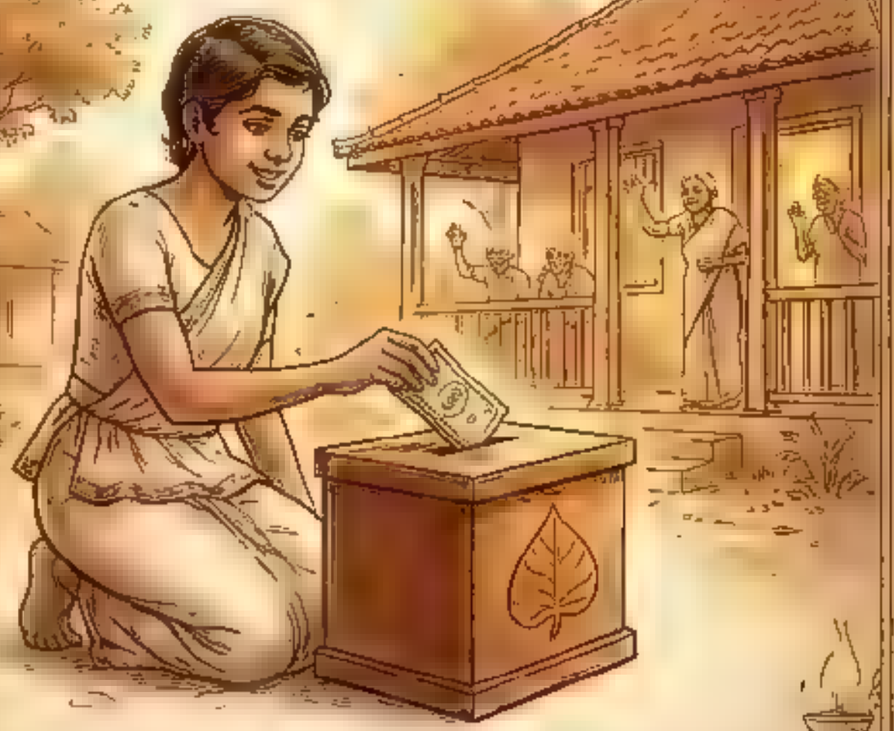

ආරම්භය (2013): පානදුර ඉඹුන්ගොඩ වැඩිහිටි නිවාසයට කළු නුඩා පරිත්‍යාගයකින් ඇරඹි ගමන. ඉන්පසෙන් පුද්ගලික පරිත්‍යාගයේ සිට මුළු පවුලම එකතු වූ සාමූහික පින්කම් මාලාවක් දක්වා වර්ධනය විය.

ජීවන වියදම් මිනුම් දණ්ඩ (Living Expense Metric):

මෙහි සඳහන් මුබාහෝ පින්කම් සඳහා වැය කළ මුදල් ගණනය කළේ ඩුවු මුදලින් හොව, "ශ්‍රී ලංකාවේ සාමාන්‍ය පවුලකට මාසයක් හෝ මාස කිහිපයක් පිවත් වීමට අවශ්‍ය වියදම" පදනම් කරගෙනයි. මෙය පරිත්‍යාගයේ සැබෑ බර සහ කැපවීම් මැනීමට ගොදාගත් අපේම මිම්මකි.

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අසරණ සරණ: මානුෂීය පරිත්‍යාගයන්ගේ සටහන්

රෝහල් සහ ළමා නිවාස: 2017 දී මහරගම පිළිකා රෝහලට KFC බුරියානි පාර්සල් 23ක දානයක්. ප්‍රීතිපුර අනාථ නිවාසයට සහ බෞද්ධ සංගමය හරහා ගර්භනී මව්වරුන් 10 දෙනෙකුට වියළි සලාක.

ගෝෆන්ඩ්මී (GoFundMe) ආධාර: රක්ෂණ නොමැති වයසක යුවලකට, නිවසක් නොමැති කාන්තාවකට සහ හදිසි අනතුරකට ලක්වූ කාර්යාලයේ මිතුරියකට (2024) මූල්‍යමය දායකත්වය.

අංගවිකල පාසල (2026): පවුලේ සැමගේ සහභාගිත්වයෙන් අංගවිකල දරුවන්ට ද ලබා දීම සහ ඔවුන් සමග කාලය ගත කිරීම (ජීවන වියදමෙන් 1/8 ක මුදලක්).

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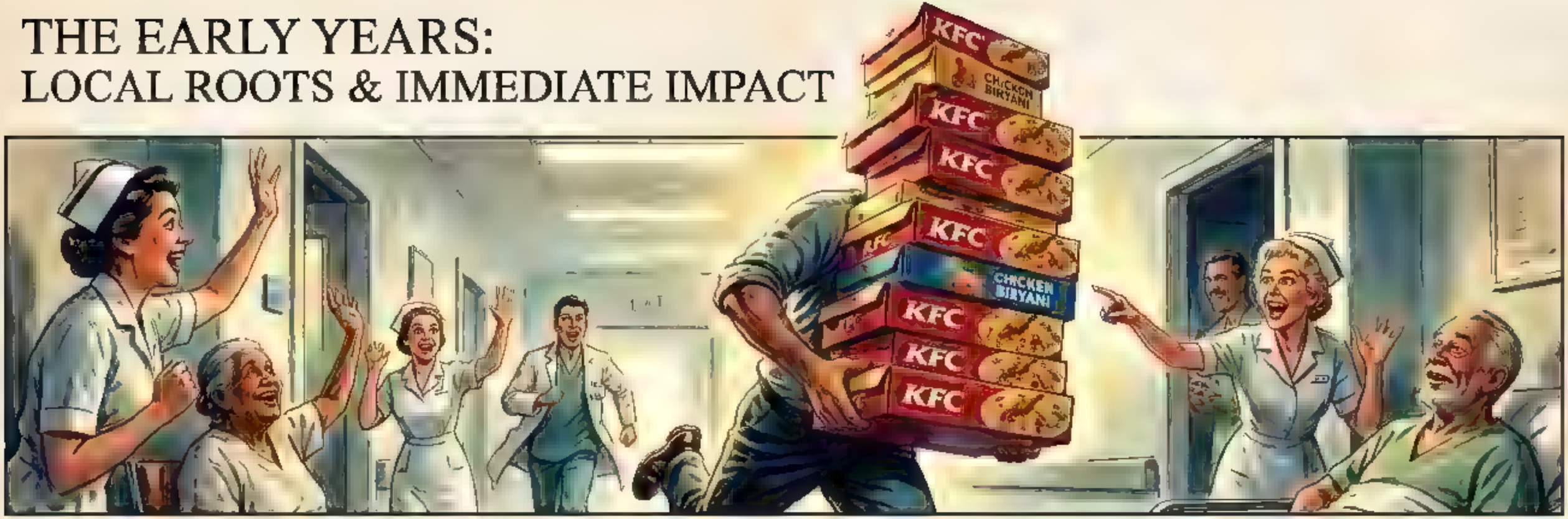
THE EARLY YEARS:
LOCAL ROOTS & IMMEDIATE IMPACT



2013: Panadura Sujatha Home

The journey begins. Donating a significant portion of early salary to support an elderly care home, alongside a friend named Anchana.

March 2017: Maharagama Cancer Hospital

A family almsgiving. 23 large KFC Chicken Biryani packs are hand-delivered to patients and staff, bringing unexpected warmth to a clinical ward.

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The Ecosystem of Giving Spans Four Core Pillars

Sasana & Monastic Support

Infrastructure, Kutis, Almsgiving for Bhikkhus

Dhamma Propagation

Media sponsorships, book distributions, translation projects

Humanitarian & Poverty Relief

GoFundMe, orphanages, dry rations for the homeless and pregnant mothers

Healthcare & Crisis Care

Medical stockpiling, cancer hospital visits, elder care

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2013 & 2017: The Foundations of Merit-Making

Panadura Sujatha Elders Home

The first recorded March donation, inspired by a friend (Anchana).

A significant portion of an early career salary dedicated to elder care.

2013

Maharagama Cancer Hospital

The first major family-coordinated almsgiving.

Establishing the early involvement of the immediate household in acts of charity.

× 23 Large Biryani Packs

2017

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2018–2019: Scaling Sustenance and Infrastructure

2018

Humanitarian Relief

GoFundMe support for an uninsured elderly couple and a homeless pregnant woman, plus a Sri Lankan IT lab.

= 1 Month Sustenance

Monastic Focus

Funding provided to the Dhatu Mandiraya (Relic Chamber) at the Asapuwa.

2019

Continuous Almsgiving

15 consecutive days of almsgiving for food and flowers.

= 1 Month Sustenance

Major Infrastructure

Support for the Bhikkhu Vibhajjavada program at Labunoruwa and Mahiyanga, funding monastic hostels and sound systems.

= 5 Months Sustenance

Spontaneous Compassion

Cash g ven directly to homeless children spotted near a Trader Joe's.

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2020-2021: Adapting to Global Crisis and Lockdown

Immediate Pandemic Relief

Emergency provisions delivered to the Buddha Viharaya during peak COVID-19 lockdowns (2020).

Weliweriya garland contribution via Colombo Dhamma Friends (2021).

Continued Spiritual Infrastructure

Labunoruwa: Supporting a mother and children of two monks (= 4 Months Sustenance) and building 2 Kutis and a library via Sasun Daspadama / Isuru (= 2 Months Sustenance).

Meetirigala & Fresno: Distributing the DDM Buddha Dhamma Chakka Sutta to Meetirigala Dharmayathanaya. Donating requisites and razors to Dhamma Garu Thero in LA for parents' birthdays.
Sponsoring Sister Thilini's Dharmasana offering.

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2022-2023: Broadcasting the Dhamma

2022

12-Hour Kalama Sutta

Preached by Mawarale Thero.
Funded broadcast screens.

Impact: 1.5 Months Sustenance

2022

Siyatha TV Dhamma Series

Sponsored new TV series by Sudarshana Thero (Apri-June).

Impact: 2 Months Sustenance

2022

Kina-aga Aranya Infrastructure

Supported Maha Nanaloka Thero's Kuti/Sanghawasa needs.
Funded internet and electricity

Impact: 3 Months Sustenance

2023

Sathi TV Vinaya Series & Local Youth

Sponsored 12 episodes by Nanda Rathana Thero (= 3 Months Sustenance).
Provided bookshelves, Jataka stories, Dhammapada, and Theragatha books for children at the local Fresno Temple.

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2024-2025: From Global Translations to Local Dry Rations

Preserving the Accurate Word

Sponsored Bhante Sujato's translation project to ensure access to accurate Dhamma.

Donated 10 translation copies to a Pirivena (= 1.5 Months Sustenance).

Replaced Bhante Athula's laptop keyboard to ensure continued digital access.

Sustaining the Physical Body

Provided dry rations for 10 pregnant mothers via Buddhist TV.

Delivered dry rations for the Preethipura Orphanage.

Parents intimately offered 20 pads and 2 bedpans directly to the Horana sick monks' center.

Funded 3 meals for 50 cooks traveling from Labunoruwa.

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2026: The Paradigm Shift

In early 2026, a mother's breast cancer diagnosis and subsequent surgery changed everything.

Philanthropy ceased to be an abstract act sent across oceans. It demanded physical presence, emotional labor, and a sudden, stark shift from religious merit (Sasana) to fundamental human obligation (Yuthukam).

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March 2026: The Month of "Yuthukam" (Obligation)

Step 1: Arrival & Presence

Sister Thilini arrives from Sri Lanka for 3 weeks; the donor stays for 3 weeks. A united family front is established on the ground.

Step 2: Medical Stockpiling

Fearing global shortages due to the Ukraine war crisis, the family preemptively secures a 6-month supply of medicine for the household.

Step 3: Emotional Resilience

An intentional trip to go strawberry picking with both Thilini's and the donor's parents—investing in joy and family bonding amidst the crisis.

= 1/8th Month Sustenance

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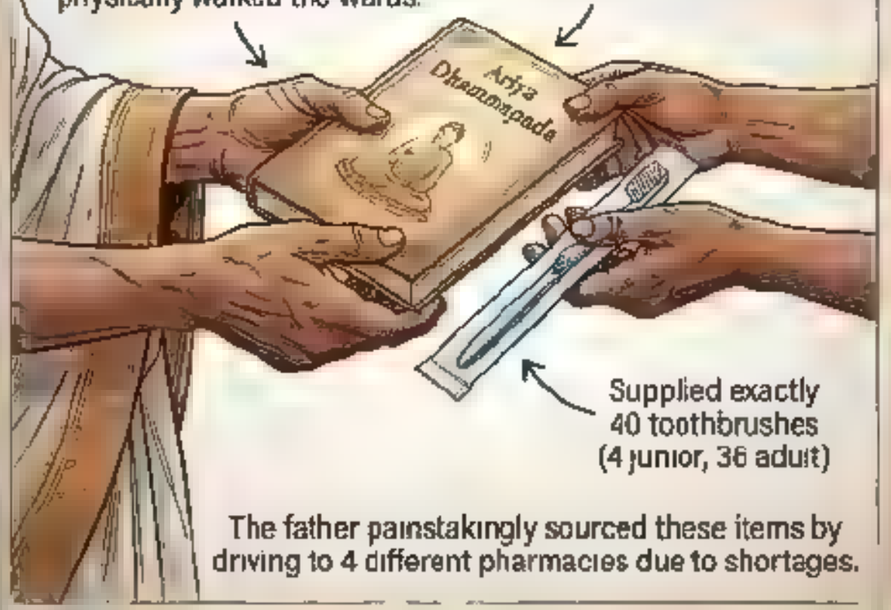
2026: Boots on the Ground

Maharagama Cancer Hospital (The Return)

A deeply personal visit coordinated with Prasad. The combined families physically walked the wards.

Distributed Ariya Dhammapada books directly into patients' hands.



Supplied exactly 40 toothbrushes (4 junior, 36 adult)

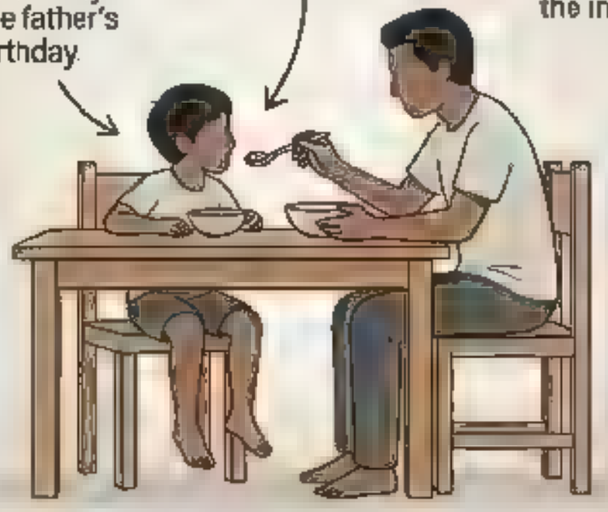
The father painstakingly sourced these items by driving to 4 different pharmacies due to shortages.

SEED Disabled School

Visiting intentiona ly on the father's birthday

Shifting from just sending money to physically interacting and feeding the children during their lunchtime.

Provided pre-purchased requirements for the institution.



= 1/8th Month Sustenance

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The Evolution of Intention: Sasana vs. Manushika

	2013–2025 Mindset (Sasana)	2026 Mindset (Yuthukam)
Primary Driver	Spiritual Merit & Dhamma Propagation	Human Obligation & Manushika (Compassion)
Mode of Delivery	Financial transfers, structural sponsorships, remote giving.	Physical presence, emotional labor, hand-to-hand distribution.
Scale of Impact	Broad infrastructure, global translations, mass media broadcasting.	Hyper-local, deeply intimate (e.g., 40 toothbrushes, 2 bedpans, family medicine).
Family Involvement	Family acting as conduits, proxies, or organizers.	Family acting as a unified, physical frontline team walking the wards together.

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A Global and Local Footprint of Compassion

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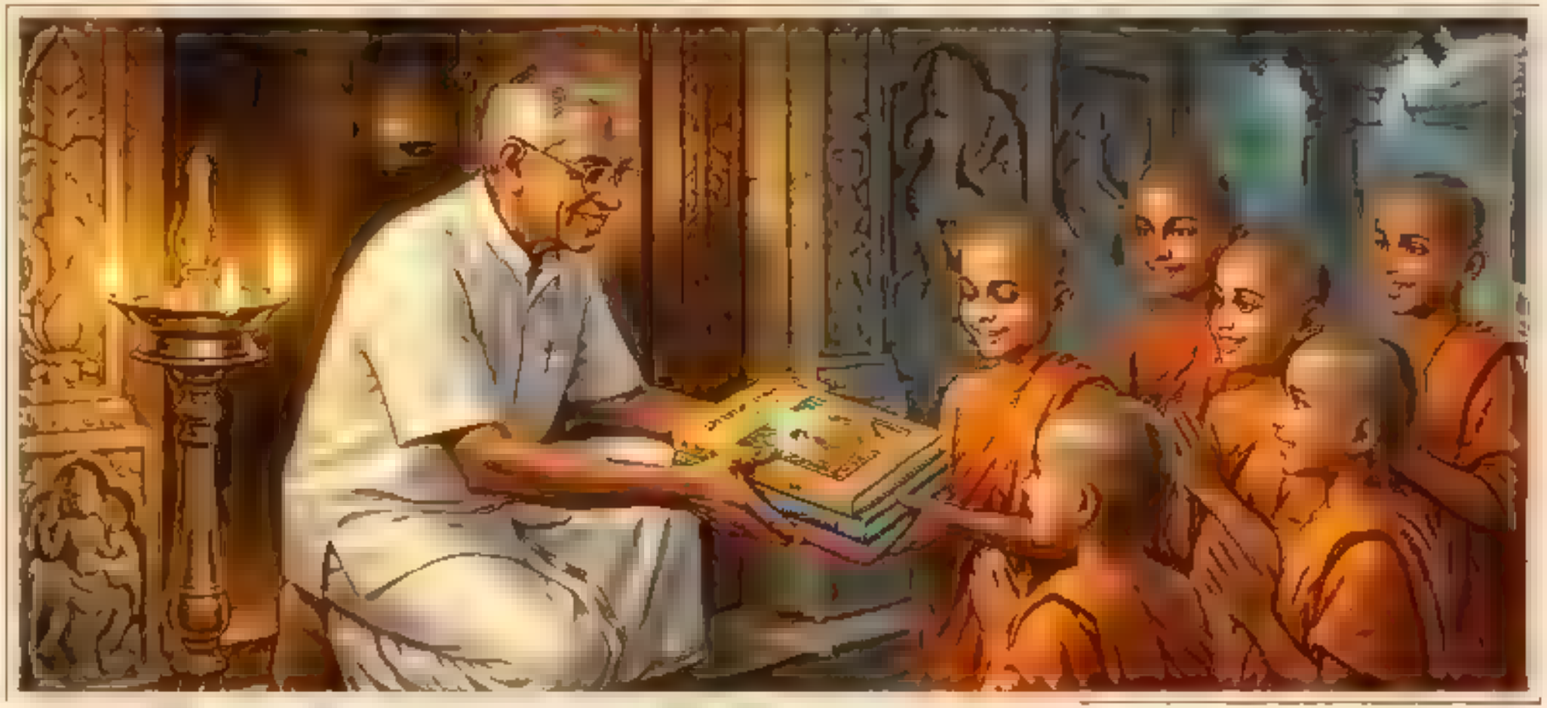

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යටිතල පහසුකම්: මහිරංගණ භික්ෂු සේවාසිකාගාර හා සඩුග්ඩ සිත්ටම් (මාස 5ක වියදම), නිණිතම ආරණ්‍යයේ විදුලි බිල (මාස 3ක), සසුන් දස්පදම් කුටි ඉදිකිරීම.

ධර්ම දානය: ශ්‍රද්ධා TV හන්දරතන හිමියන්ගේ චිනය දේශනා කථාංග 12, කාලාම් සූත්‍ර දේශනාව (පැය 12), හන්තේ ප්‍රඥාතෝ හිමියන්ගේ පරිවර්තන ග්‍රන්ථ 10ක් මුද්‍රණය සහ ලැප්ටොප් අලුත්වැඩියාව, ග්‍රේස්නෝ පන්සලේ දමුන්ට ජාතක කථා සහ ධම්මපද සාක්කු පොත් 10ක් බෙදා දීම.

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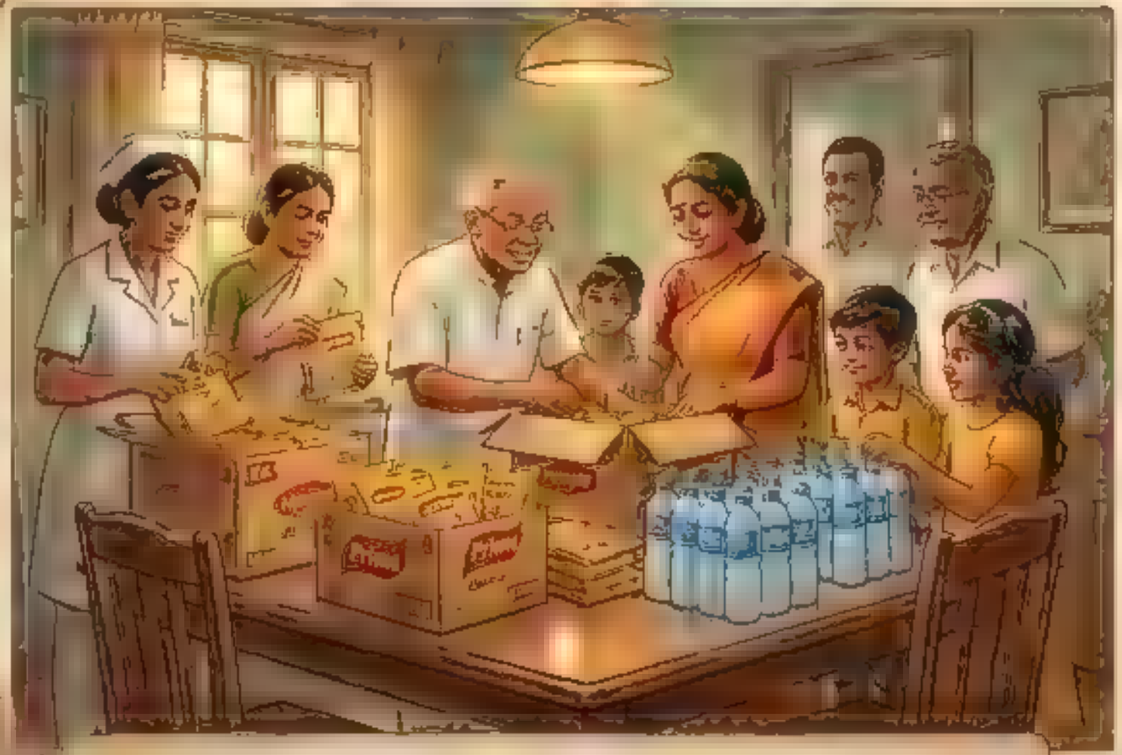
අර්බුද හමුවේ නොසැලුණු දයාව (2020-2026)

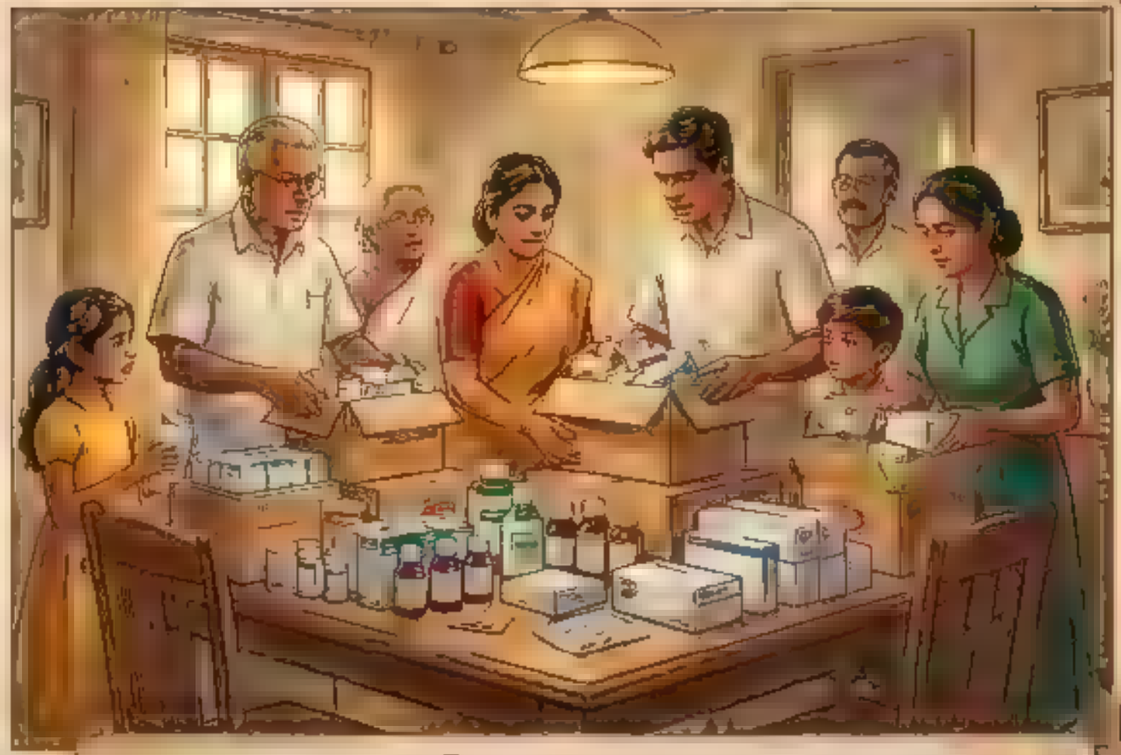
කොවිඩ් සමය (2020/2021)



කොවිඩ් සමය (2020/2021)

- වසංගතය හමුවේ බුද්ධ විහාරයට පානීය ජලය සහ ක්ෂණික නූඩ්ල්ස් (Instant Noodles) සැපයීම.
- කොළඹ Dhamma Friends හරහා ගිලන්පස ලබාදීමට මාසයක ජීවන වියදමක මූල්‍ය දායකත්වය.

යුධ හා ආර්ථික අර්බුද අවදානම (2026)



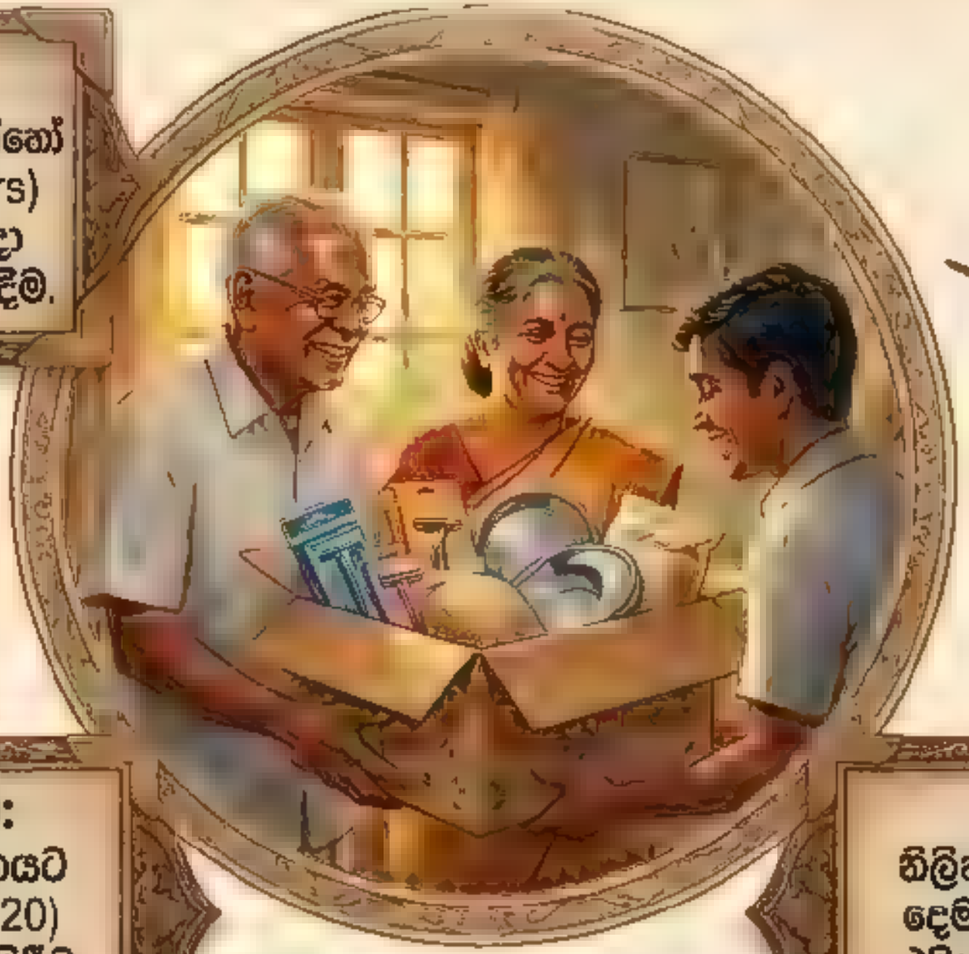
යුධ හා ආර්ථික අර්බුද අවදානම (2026)

- ඉදිරියේදී ඇතිවිය හැකි යුධ හෝ ආර්ථික බලපෑම් හේතුවෙන් අත්‍යවශ්‍ය ද්‍රව්‍ය හිඟ වේ යැයි සිතා මාස 6කට සෑහෙන බෙහෙත් සහ ඖෂධ නිවසට ලබා දීම.
- බාහිර ලෝකයේ අර්බුද මධ්‍යයේ වුවද සෞඛ්‍ය හා ආරක්ෂාව වෙනුවෙන් පවුලේ අයගේ අවශ්‍යතා කලින්ම සපුරාලීම.

NotebookLM

පවුලේ එකමුතුවෙන් ඉටුකළ යුතුකම්

උපන්දින සැමරුම්:
දෙමාපියන්ගේ උපන්දින වෙනුවෙන් ෆ්‍රෙශ්තෝ පන්සලට පිරිකර සහ රේසර් (Razors) පූජා කිරීම. තාත්තාගේ උපන්දිනය දා අංගවිකල පාසලේ දරුවන්ට ආහාර දීම.



සාමූහික පින්කම්:
නිලින්දු අක්කාගේ ධර්මාසන පූජාවට දෙමාපියන් සම්බන්ධ කරගැනීම සහ එදිනම DDM බුද්ධ ධම්ම වක්ක සූත්‍ර දේශනා පොත පූජා කිරීම.

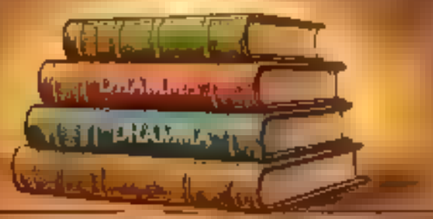
දෙමාපියන්ගේ කැපවීම:
හොරණ ගිලන් භික්ෂු මධ්‍යස්ථානයට උපකරණ (Bed pans 2, Pads 20) අම්මා සහ තාත්තා අතින්ම පූජා කිරීම. පින්කම් වලදී පවුල් දෙකෙහිම එකමුතුව.

NotebookLM

දානමාන වල විවිධත්වය (2013-2026 සංක්ෂිප්තය)

භෞතික දාන
(Material Needs)

- අන්තර්ගතය: KFC කෑම පාර්සල්, රෝහල් උපකරණ, වියළි සලාක, මාස 6ක ඖෂධ තොග, ගිලන්පස.
- අරමුණ: අසරණයින්ගේ ක්ෂණික සහන සහ ජීවිත රැකගැනීම.



ධර්ම දාන
(Knowledge & Dhamma)

- අන්තර්ගතය: ත්‍රිපිටක/ධම්මපද පොත්, භන්තේ සුජාතෝ හිමියන්ගේ පරිවර්තන, රූපවාහිනී ධර්ම දේශනා අනුග්‍රහ (පැය 12 දේශනා).
- අරමුණ: නිවැරදි බුද්ධ වචනය ව්‍යාප්ත කිරීම සහ අනාගත පරපුරට දායාද කිරීම.

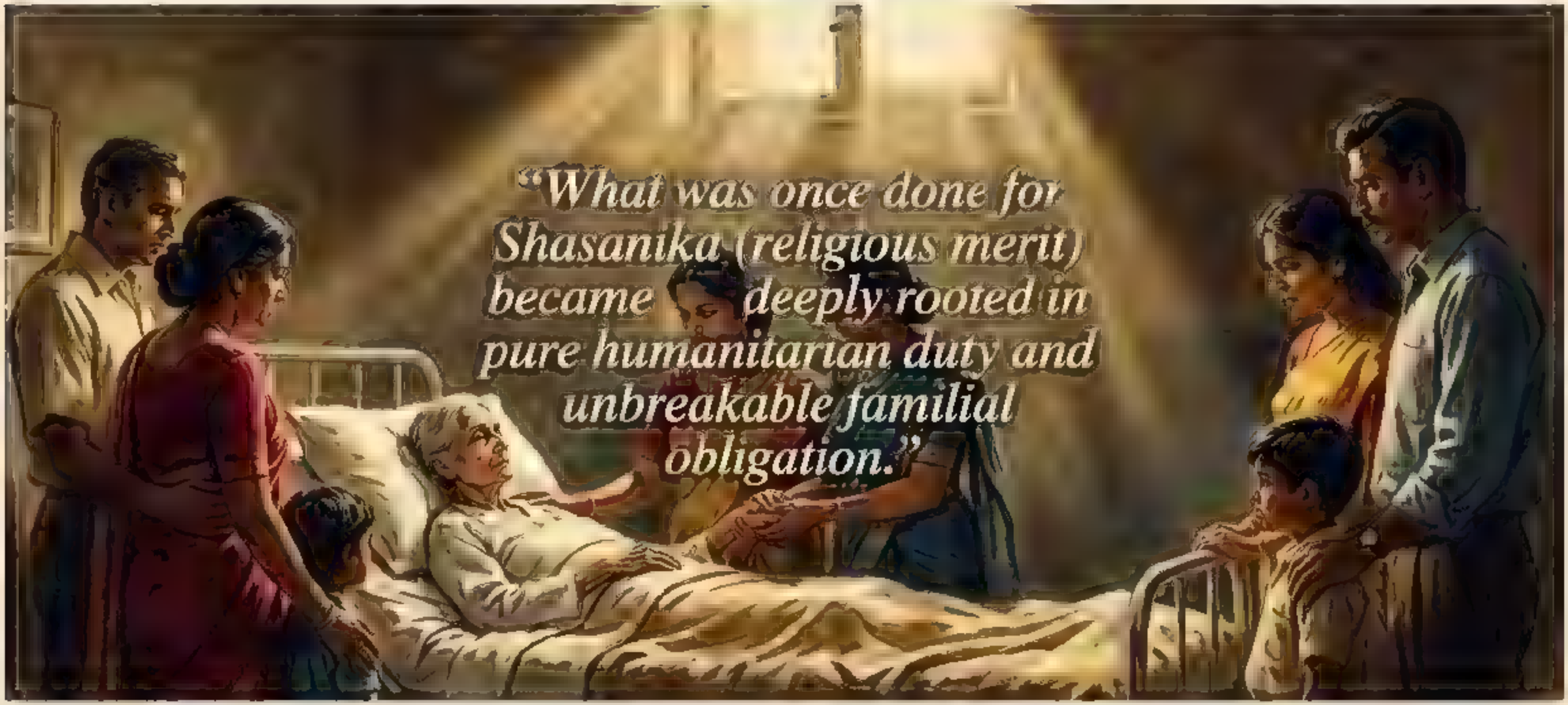
යටිතල පහසුකම්
(Infrastructure)

- අන්තර්ගතය: ආරණ්‍යවල විදුලි බිල ගෙවීම්, ධාතු මන්දිර, ප්‍රස්තකාල, සවුන්ඩ් සිස්ටම්, සංඝාවාස ඉදිකිරීම්.
- අරමුණ: බුද්ධ ශාසනයේ චිරස්ථිතිය සහ පහසුකම් පුළුල් කිරීම.

NotebookLM

March 2026: The Crucible of Duty

Everything changed in early 2026 following the mother's breast cancer diagnosis and subsequent surgery. Thilini flew in from Sri Lanka for three weeks; the author stayed for three weeks. The fundamental motivation shifted.


"What was once done for Shasanika (religious merit) became deeply rooted in pure humanitarian duty and unbreakable familial obligation."

NotebookLM

හැඟීම්බර සන්ධිස්ථානය: 2026 මාර්තු මාසය

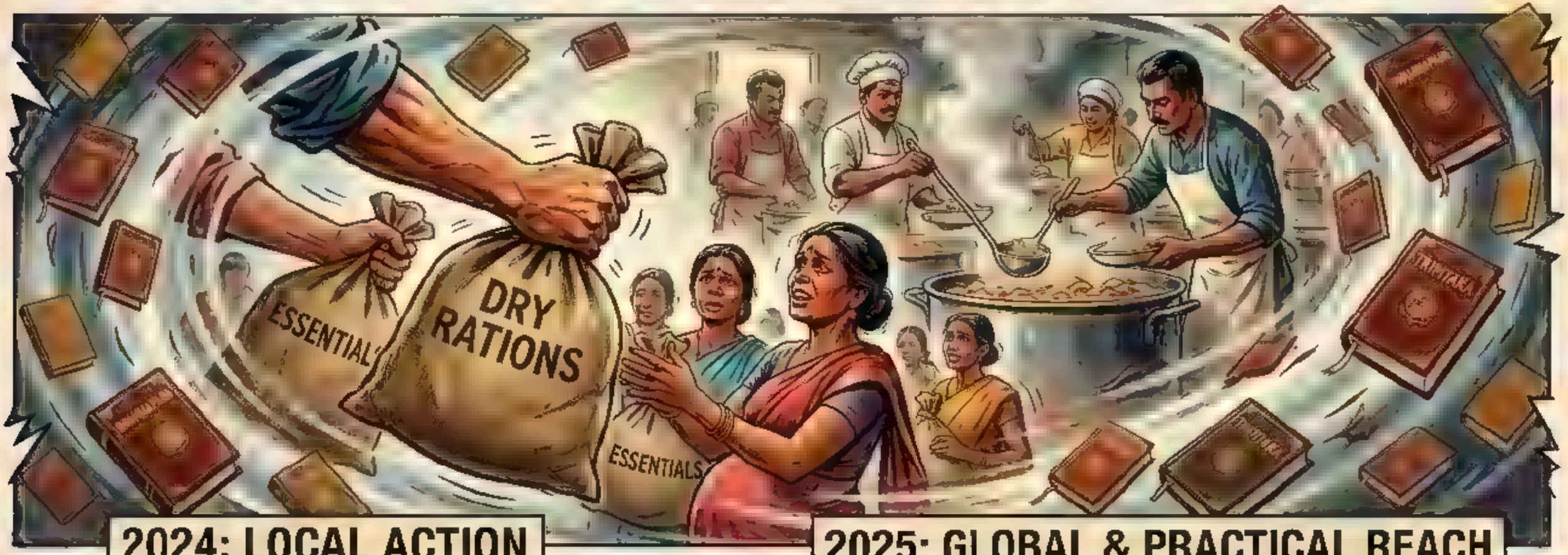
පෞද්ගලික අභියෝගය: මවට පියයුරු පිළිකාවක් (Breast Cancer) වැළඳීම සහ සැත්කමෙන් පසු අසීරු කාලය. තිළිණි සහ කතුවරයා සති 3 බැගින් ලංකාවට පැමිණ රැකබලා ගැනීම.

දුක හමුවේ පිබිදුණු දයාව - ඉටුකළ යුතුනම්:

- අංගවිකල පාසලකට (CESI) ගොස් මුළු දවසම දරුවන් එළඟ ගතකරමින් ආහාර ලබා දීම.
- ප්‍රසාද්ගේ සහයෙන් මහරගම පිළිකා රෝහලට යාම පවුල් දෙනේම දෙමාපියන් එක්ව "ආර්ය ධර්ම පදය" පොත් පාර්සල් 3ක් රෝගීන්ට බෙදා දීම.
- තව 4ගට ගොස් කාන්තා වීසිහ්ම මහත්මි වී සොයාගත් දන්ඩෙනෙත් බුරුසු 45ක් (Adult) සහ 4ක් (Junior) රෝහිණ්ට පූජා කිරීම.

ශාසනික වගයෙන් පමණක් නොව, මානුෂීය සහ යුතුකම් අතින් වැඩිපුරම දැනෙන පින්කම් කළ සුවිශේෂී මාසය.

2024–2025: SYSTEMIC SUPPORT & DIRECT ACTION



2024: LOCAL ACTION

- PROVIDED ESSENTIAL DRY RATIONS TO 10 PREGNANT MOTHERS VIA BUDDHIST TV.
- DISTRIBUTED 10 DHAMMAPADA POCKET BOOKS VIA THILINI'S MOTHER = 1.5 MONTHS EXPENSES.
- DONATED 20 MEDICAL PADS AND 2 BEDPANS TO THE HORANA SICK MONKS' HOSPITAL.
- SUPPORTED THE ALOKA NUNNERY WITH PANTRY CUPBOARDS AND THE PREETHIPURA ORPHANAGES.

2025: GLOBAL & PRACTICAL REACH

- SPONSORED 10 COPIES OF BHANTE SUJATO'S TRANSLATION PROJECT TO ENSURE ACCURATE DISSEMINATION OF THE TRIPITAKA.
- FUNDED 3 MEALS FOR 50 TRAVELING COOKS IN POLONNARUWA = 1.5 MONTHS EXPENSES.
- PRACTICAL TECH SUPPORT: REPAIRED BHANTE ATUL'S LAPTOP KEYBOARD TO KEEP MONASTIC WORK FLOWING.

NotebookLM

The Family's Frontline

Maharagama Cancer Hospital

Coordinated with Prasad, both families united. Distributed Ariya Dama Padaya books and 3 massive essential packs.
The father laboriously sourced 40 toothbrushes in bulk (4 junior, 36 adult) which were handed out directly by the parents.

The Disabled School (SEED)

Visited on the father's birthday. Pre-bought goods and shared a meal with the students, a joyful duty equivalent to 1/8th of a month's expenses.

Global Precautions

Driven by duty to the family's survival amidst fears of an Iran war impacting global stocks, pre-purchased 6 entire months of essential medicine.

NotebookLM

The 13-Year Ledger of Impact

Total Estimated Months of Living Expenses Provided for a Sri Lankan Family.

Media & Dhamma Reach

- Siyatha TV Series
- Sathi TV Vinaya Series
- Global Translation Copys
- 12-Hour Kalama Sutta.

Physical Infrastructure

- Monastic Hostels
- Kutis built
- Libraries funded
- Dhatu Mandiraya
- Sound Systems.

Direct Human Relief

- Orphans fed
- Pregnant mothers supplied
- Cancer patients equipped
- Disabled children supported
- Elderly sheltered.

NotebookLM

Chetana: The Golden Thread That Binds

Over 13 years, the acts shifted from building temple walls to stockpiling family medicine; from global Dhamma broadcasts to handing toothbrushes to cancer patients. Yet, the underlying *Chetana* (pure intention) remained unbroken.

True philanthropy is not merely the accumulation of religious merit, but the realization that spiritual devotion (*Sasana*) and human obligation (*Yuthukam*) are entirely inseparable.

NotebookLM

නිම නොවන දාන පාරමීතාව

තම පුද්ගලික ආදායමෙන් විශාල කොටසක් "ජීවන වියදම් මාස" ගණනින් මැන බලමින්, දෙමාපියන්, පවුලේ අය සහ මිතුරන්ද සම්බන්ධ කරගෙන කළ මේ පින්කම් මාලාව, හුදෙක් මුදල් පරිත්‍යාගයක් පමණක් නොවේ.

එය අර්බුද, ලෙඩදුක් සහ කාර්යබහුල ජීවිතය මැද පවා යුතුකම් සහ කරණාව අමතක නොකළ, ආදර්ශමත් මනුෂ්‍යත්වයේ සැබෑ සිතුවමකි.

සාධු! සාධු!! සාධු!!!

NotebookLM

Cumulative Impact: The Time We Gave

Mahiyanganaya Debate (5 Months)

Polonnaruwa Monk's Family (4 Months)

Sathi TV Vinaya Series (3 Months)

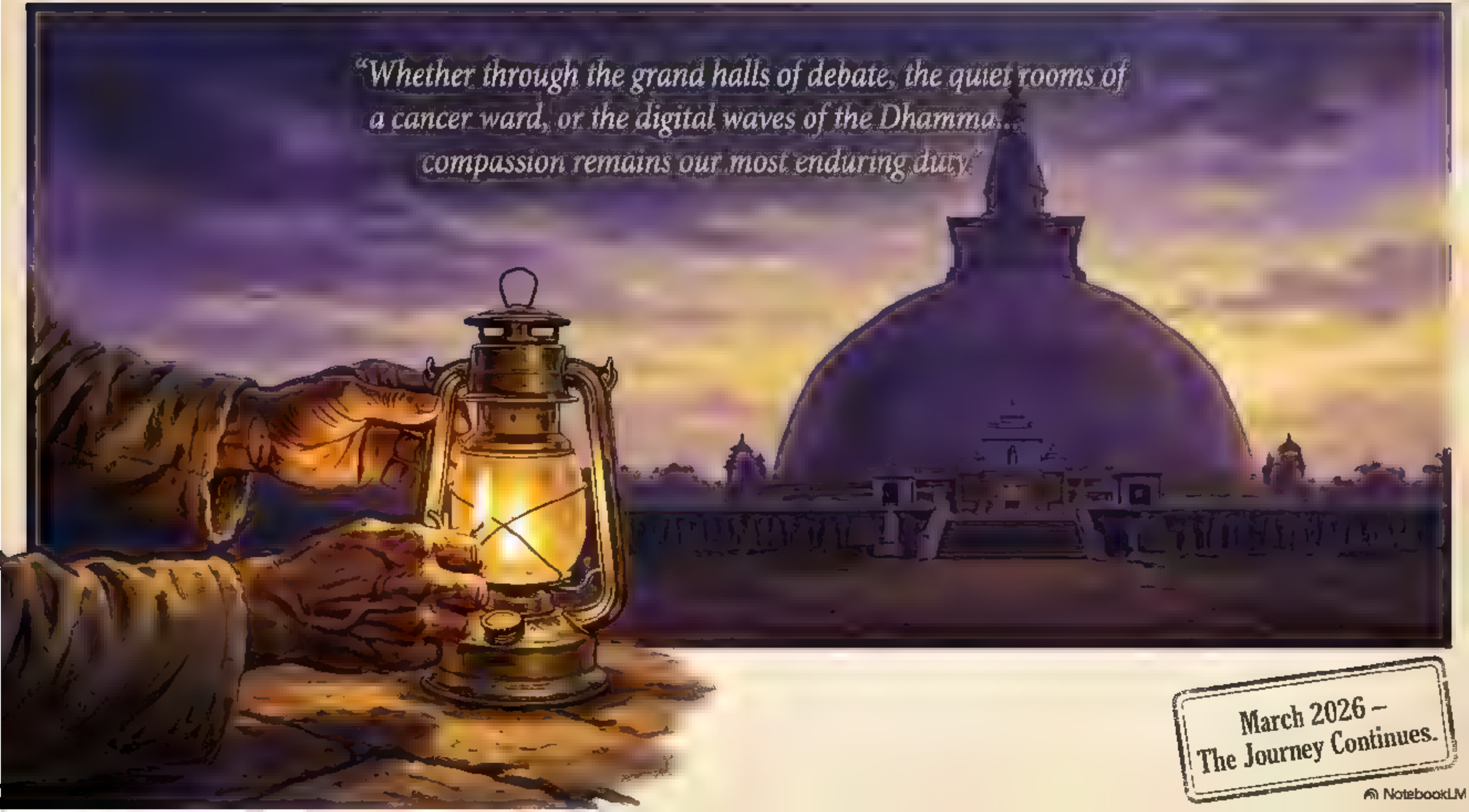
Kina Agara Aranya Infra (3 Months)

Polonnaruwa Almsgiving (2 Months)

Sudarshana Thero CCTV (2 Months)

Over a decade, the donor did not just give excess funds—they essentially financed years of parallel lives, sustaining families, monks, and infrastructure through pure time and labor.

NotebookLM


"Whether through the grand halls of debate, the quiet rooms of a cancer ward, or the digital waves of the Dhamma... compassion remains our most enduring duty."
March 2026 – The Journey Continues.
NotebookLM

2018–2019: Expanding Borders & Sustaining Lives

Global to Local (2018)	Sustaining the Dhamma (2019)	Direct Alms (2019)
GoFundMe aid for an uninsured elderly couple and a homeless woman. Locally, funded a Sri Lankan IT Lab and the Asapuwa Relic Chamber construction. Total = 1 Month of Living Expenses.	Sponsored hostels and sound systems for the Mahiyanganaya Vibhajjavada (Bhikkhu debate). Total = 5 Months Living Expenses.	15 continuous days of alms (food and flowers) – 1 Month Living Expenses. Polonnaruwa family almsgiving = 2 Months Living Expenses.

NotebookLM

2020–2021: The Pandemic Pivot

2020-202I: The Pandemic Pivot

Crisis Relief (2020)

Delivered essential food, water, and instant noodles directly to the Buddha Viharaya amidst lockdowns.

Targeted Family Support

Sustained a Polonnaruwa monk's family (a mother and her children) through the crisis = 4 Months Living Expenses.

Infrastructure Building

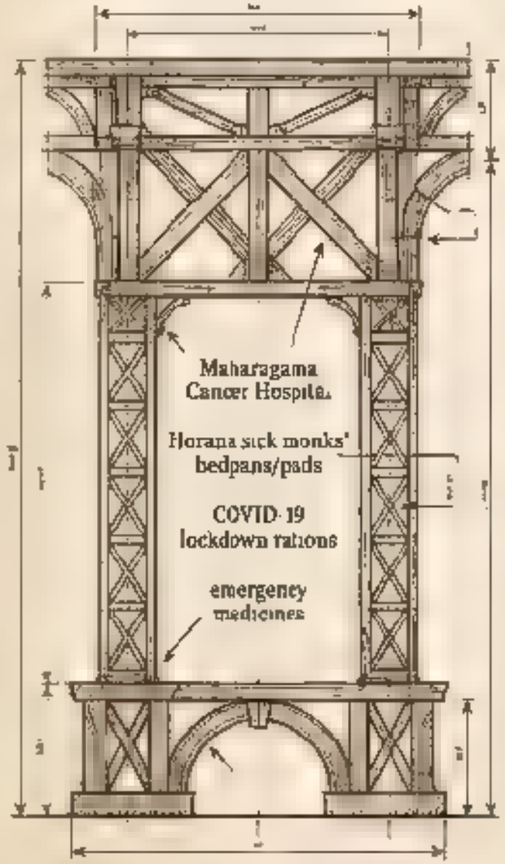
Partnered with Sasun Das Padanama and Isuru to construct two monk cabins and a library = 2 Months Living Expenses.

Global Connections (2021)

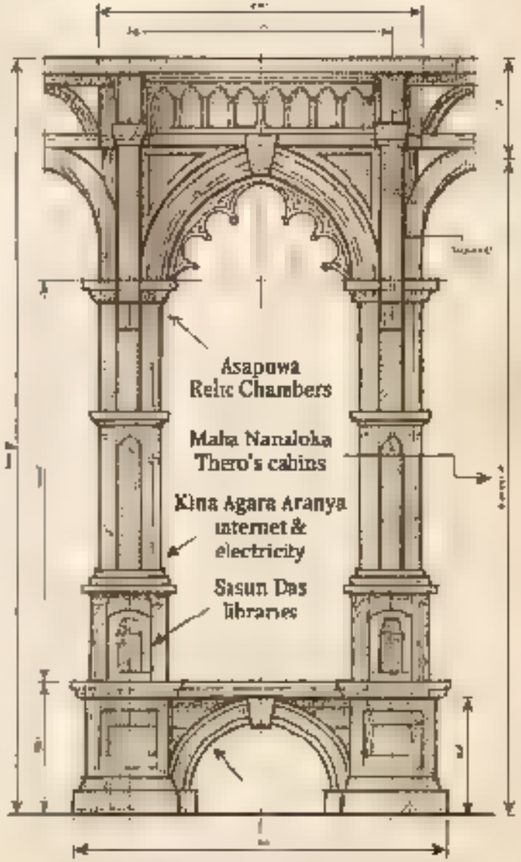
Funded garlands for Colombo Dhamma Friends (= 1 Month Living Expenses) and supplied Pirikara, razors, and water to the Fresno temple in honor of parents' birthdays. Distributed the DDM Buddha Dhamma Chakka Sutta segment to Meetirigala Dharmayathanaya.

NotebookLM

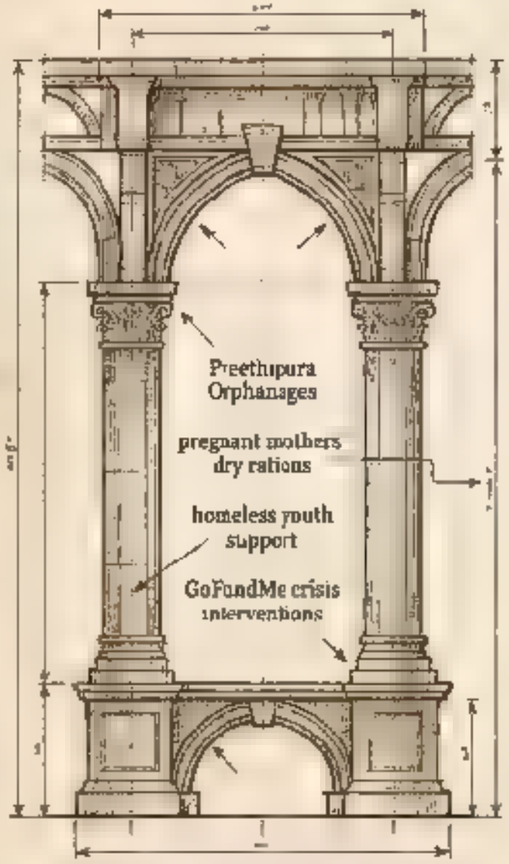
THE ARCHITECTURE OF GENEROSITY: FOUR PILLARS OF IMPACT



PILLAR 1: HEALTHCARE & CRISIS RESPONSE



PILLAR 2: MONASTIC INFRASTRUCTURE



PILLAR 3: DIRECT HUMANITARIAN AID

Sponsoring 12-hour Kalama Sutta screens
Sathi TV Vinaya series
Bhante Sujato's translation copies
Dhammapada pocket books

PILLAR 4: DHAMMA & EDUCATION

APPROVED DESIGN YEAR: 1958

NotebookLM

2022-2023: Amplifying the Dhamma

- Digital Broadcasts: Sponsored Sudarshana Thero's CCTV sermon series (April-June) = 2 Months Living Expenses.

  Funded Nanda Ratana Thero's I2-episode Sathi TV Vinaya series = 3 Months Living Expenses.

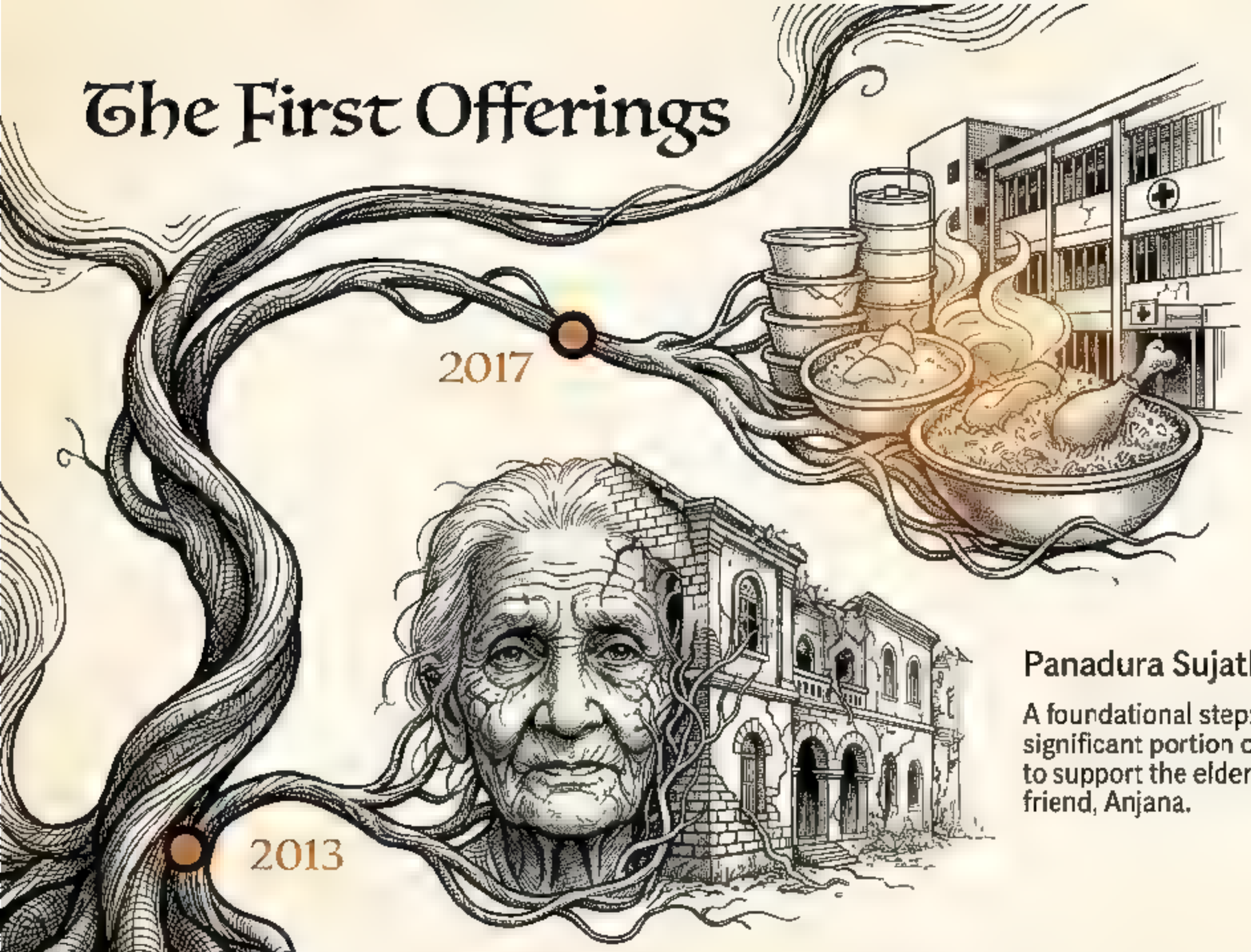
- Monastic Connectivity: Sponsored Dhamma Dana, internet, and electricity for the Kina Agara Aranya = 3 Months Living Expenses.

  Sponsored screens for the monumental I2-hour Kalama Sutta sermon = I.5 Months Living Expenses.

- Youth Education: Shipped bookshelves and essential texts (Jathaka Katha, essential text, Jathaka Katha, Dhammapada, Theragatha) to the Fresno temple to ensure children had access to foundational teachings.

NotebookLM

The First Offerings



2017

Maharagama Cancer Hospital

Initiating family involvement. Provided 23 large KFC Biryani packs to pat`ents, marking a profound shift toward collaborative giving.

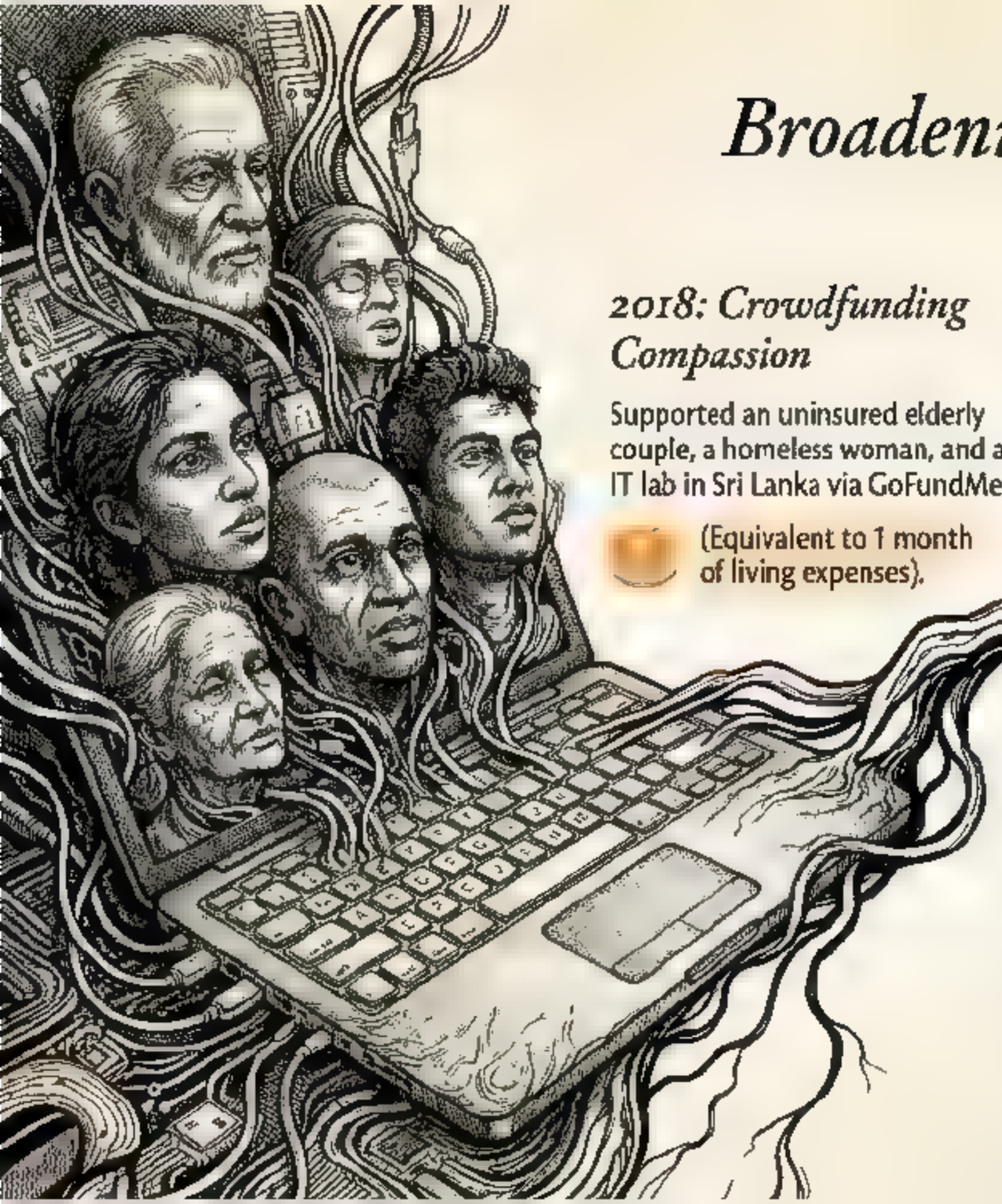
2013

Panadura Sujatha Home

A foundational step: donating a significant portion of an early salary to support the elderly alongside a friend, Anjana.

NotebookLM

Broadening the Reach



2018: Crowdfunding Compassion

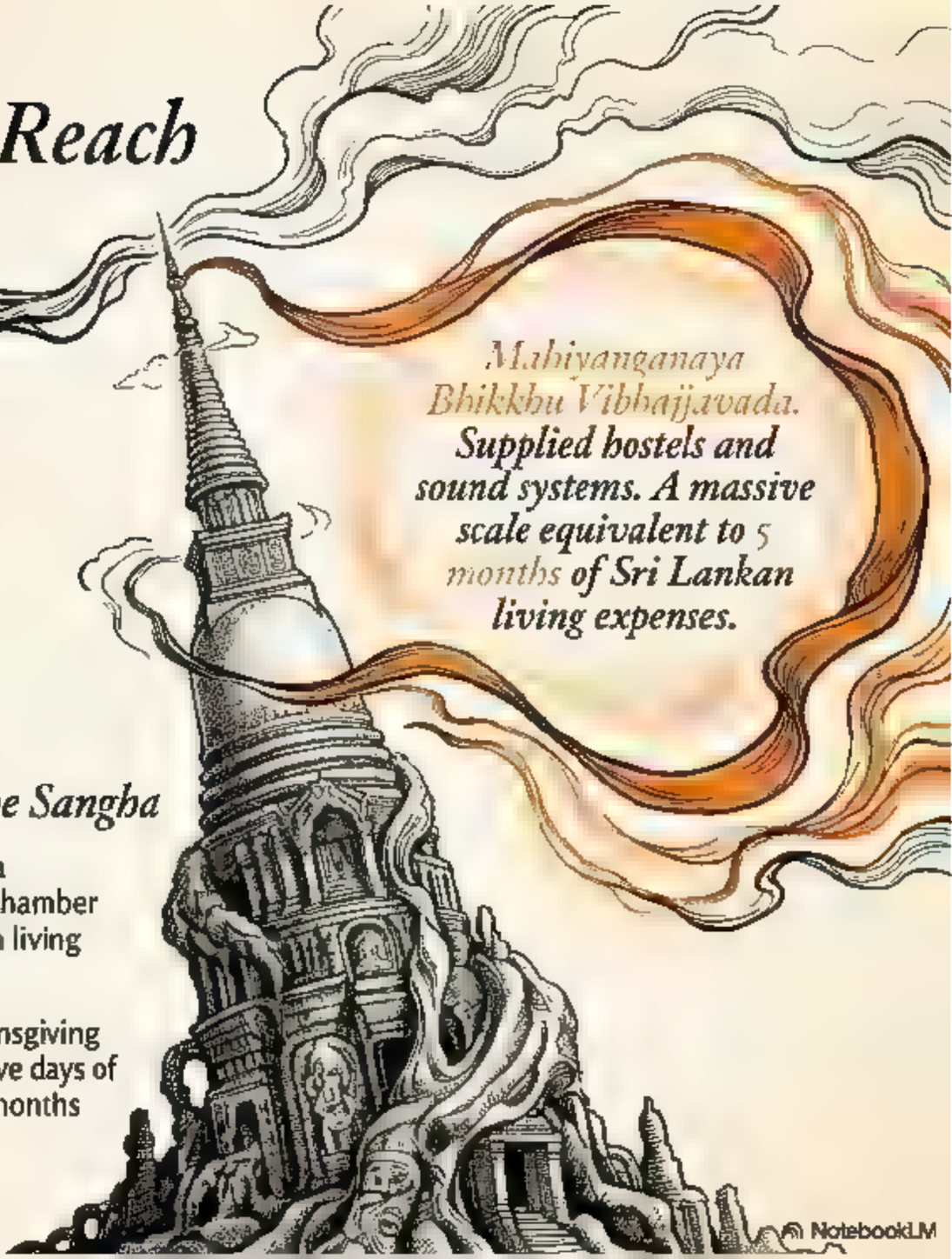
Supported an uninsured elderly couple, a homeless woman, and an IT lab in Sri Lanka via GoFundMe.

(Equivalent to 1 month of living expenses).

2018–2019: Sustaining the Sangha

- Asapuwa Buddha Mandiraya relic chamber support (1 month living expense).
- Polonnaruwa Almsgiving and 15 consecutive days of food/flowers (3 months living expense).

Mahiyanganaya Bhikkhu Vibhajjavada. ***Supplied hostels and sound systems. A massive scale equivalent to 5 months of Sri Lankan living expenses.***



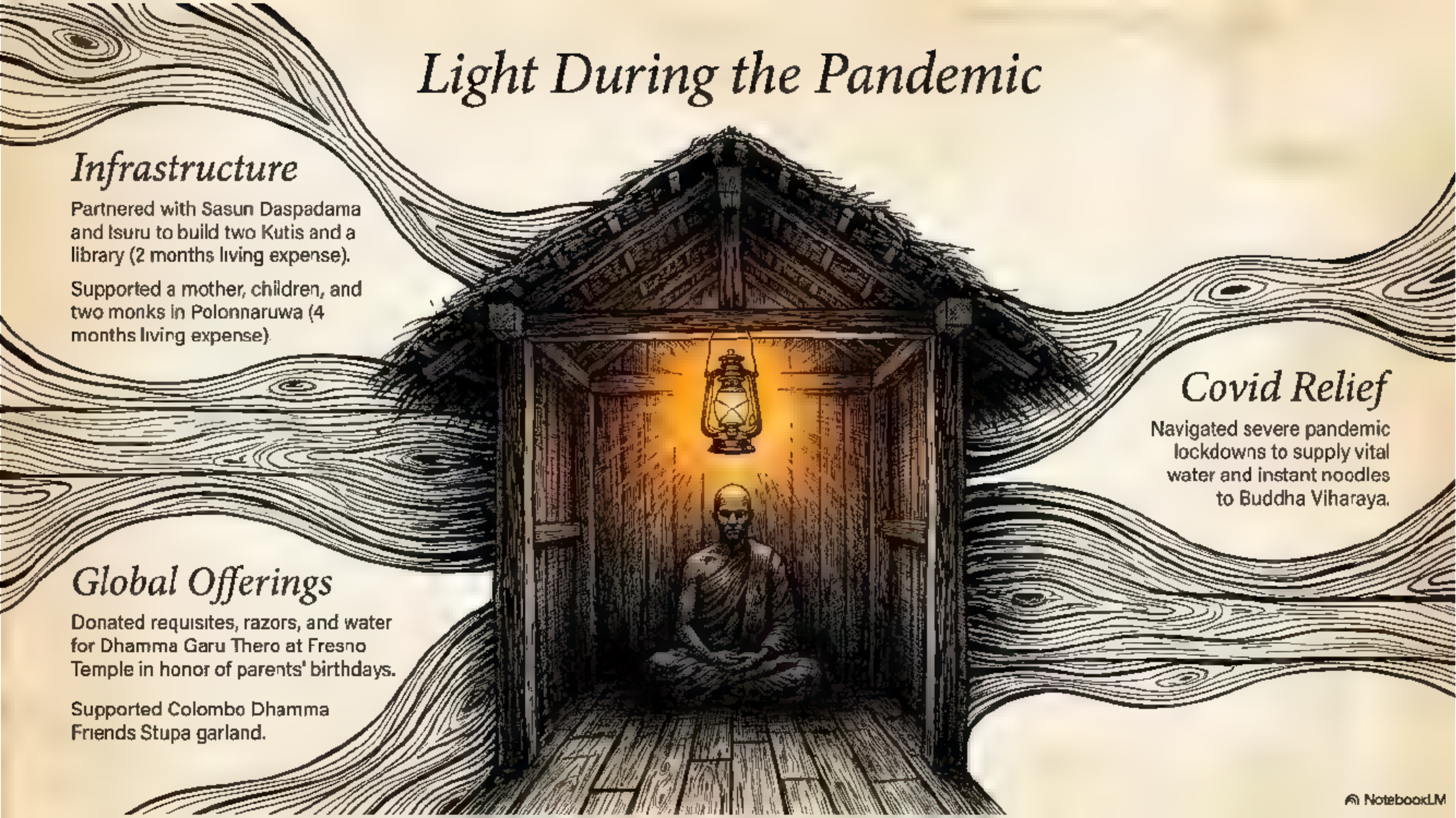
NotebookLM

Light During the Pandemic

Infrastructure

Partnered with Sasun Daspadama and Isuru to build two Kutis and a library (2 months living expense).

Supported a mother, children, and two monks in Polonnaruwa (4 months living expense).



Covid Relief

Navigated severe pandemic lockdowns to supply vital water and instant noodles to Buddha Viharaya.

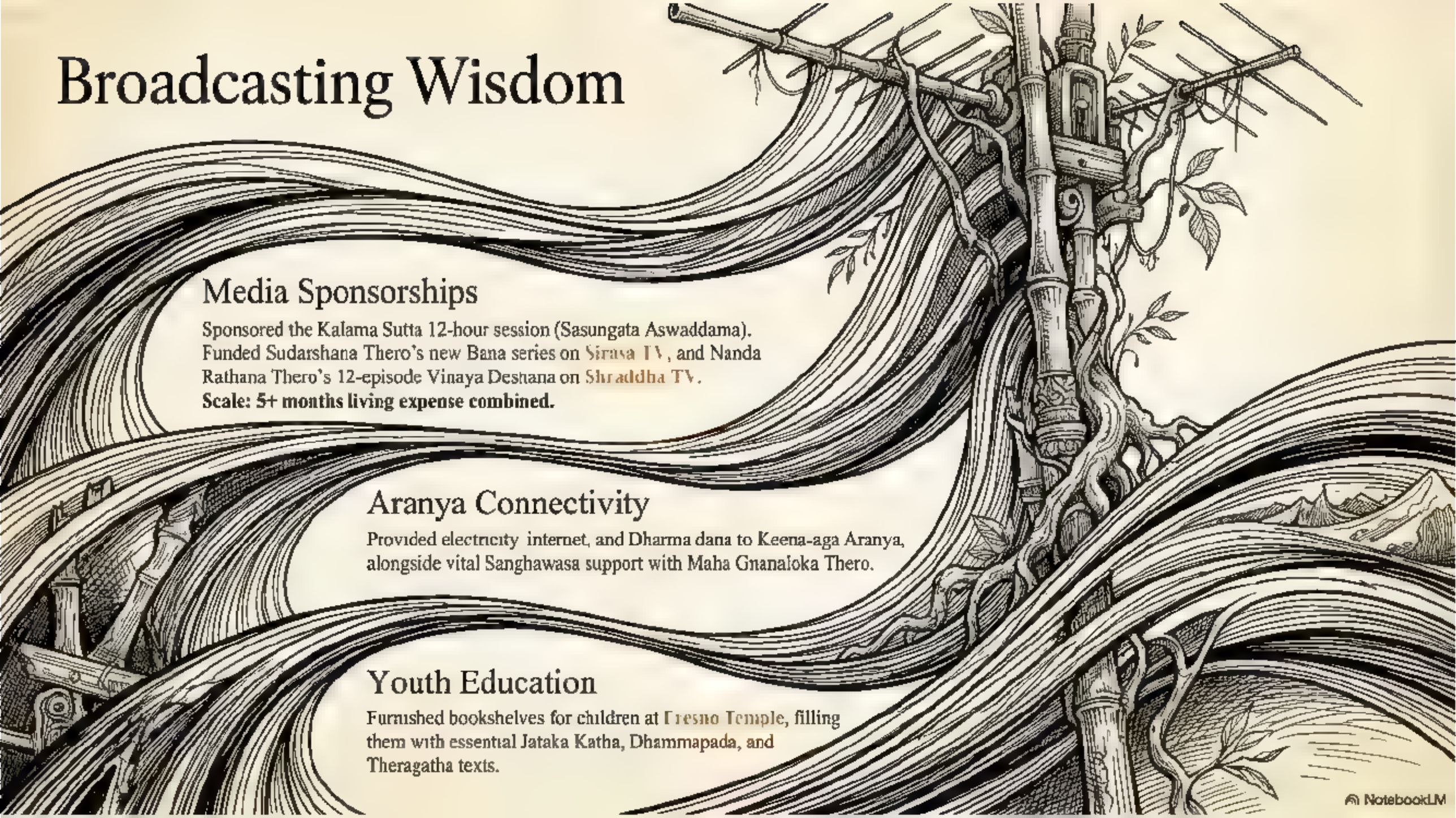
Global Offerings

Donated requisites, razors, and water for Dhamma Garu Thero at Fresno Temple in honor of parents' birthdays.

Supported Colombo Dhamma Friends Stupa garland.

NotebookLM

Broadcasting Wisdom



Media Sponsorships

Sponsored the Kalama Sutta 12-hour session (Sasungata Aswaddama). Funded Sudarshana Thero's new Bana series on Sirasa TV, and Nanda Rathana Thero's 12-episode Vinaya Deshana on Shraddha TV.
Scale: 5+ months living expense combined.

Aranya Connectivity

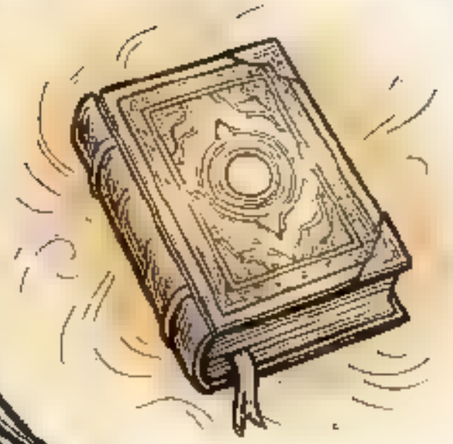
Provided electricity, internet, and Dharma dana to Keena-aga Aranya, alongside vital Sanghawasa support with Maha Gnanaloka Thero.

Youth Education

Furnished bookshelves for children at Fresno Temple, filling them with essential Jataka Katha, Dhammapada, and Theragatha texts.

NotebookLM

Targeted Interventions



Tripitaka Preservation

Donated 10 copies of Bhante Sujato's accurate Tripitaka translations to Pirivena projects to ensure the purity of the Buddha's word.

Maternal & Crisis Aid

Provided dry rations for 10 pregnant mothers via the Buddhist Society.

Supported a GoFundMe for a bereaved colleague.

Social Welfare

Delivered dry rations to two Preethipura orphanages and medical supplies to Horana Gilan Bhikkhu center alongside parents.

Monastic Sustenance

Organized and provided three meals for 50 traveling monks in Polonnaruwa.

March 2026: Duty & Devotion

The Crucible

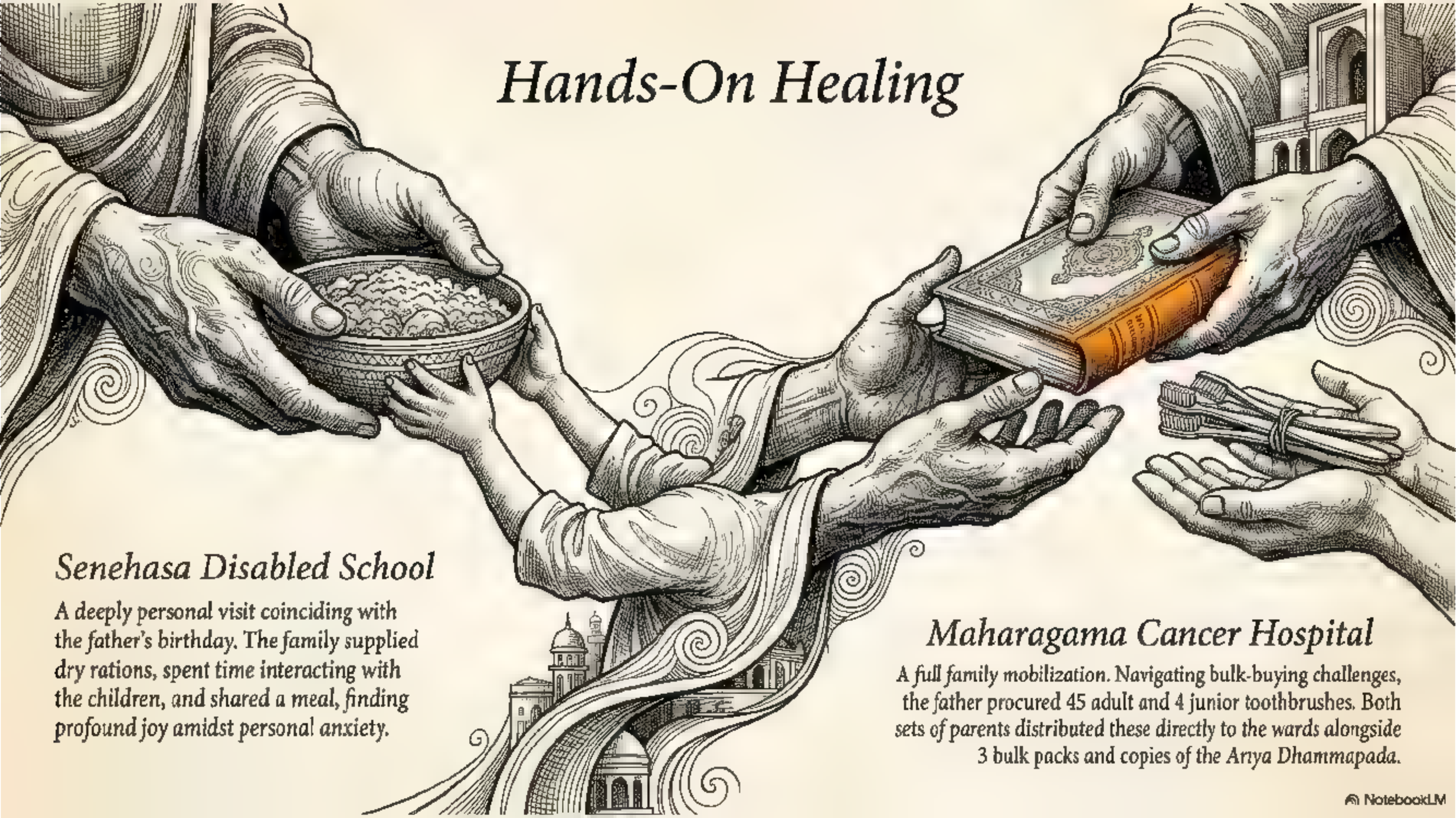
A breast cancer diagnosis and subsequent surgery transformed March 2026 into a month of profound family unity. Thilini traveled from abroad, and the family converged in Sri Lanka.

The Pivot

Charitable acts shifted intensely toward Yuthukam (obligations). Amidst global instability and the Ukraine war, 6 months of vital family medicine were pre-purchased to shield against shortages.

NotebookLM

Hands-On Healing



Senehasa Disabled School

A deeply personal visit coinciding with the father's birthday. The family supplied dry rations, spent time interacting with the children, and shared a meal, finding profound joy amidst personal anxiety.

Maharagama Cancer Hospital

A full family mobilization. Navigating bulk-buying challenges, the father procured 45 adult and 4 junior toothbrushes. Both sets of parents distributed these directly to the wards alongside 3 bulk packs and copies of the Ariya Dhammapada.

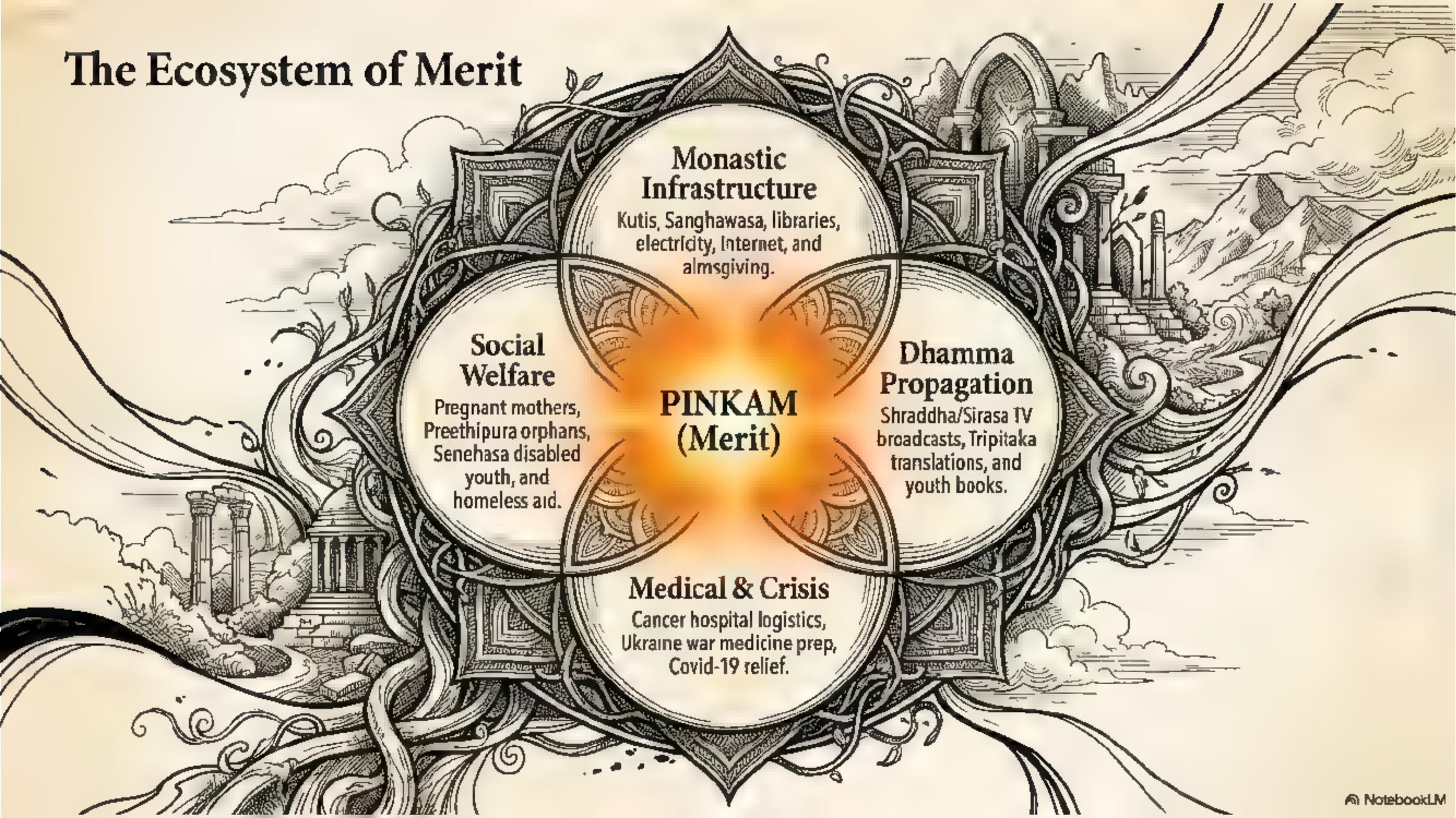
NotebookLM

The Cumulative Weight of Giving

By equating donations to the monthly living expenses of a Sri Lankan family, the true scale of sacrifice emerges. Years of continuous giving equate to decades of sustained life for others.

NotebookLM

The Ecosystem of Merit


Monastic Infrastructure
Kutis, Sanghawasa, libraries, electricity, Internet, and almsgiving.
Social Welfare
Pregnant mothers, Preethipura orphans, Senehasa disabled youth, and homeless aid.
PINKAM (Merit)
Dhamma Propagation
Shraddha/Sirasa TV broadcasts, Tripitaka translations, and youth books.
Medical & Crisis
Cancer hospital logistics, Ukraine war medicine prep, Covid-19 relief.

NotebookLM

A Legacy in Motion

What began as a single contribution to a Panadura elder's home in 2013 evolved into a multifaceted, family-wide mission spanning continents—from Fresno to Sri Lanka. It is a continuous tapestry woven from duty, compassion, and an unwavering commitment to the Dhamma.

NotebookLM

Forging the Early Foundations

2013: The First Steps

- Supported the Panadura Sujatha Home for elders alongside friend Anjana.
- Dedicated a significant portion of a junior salary to fund this initial act of giving.

2017: Family Unity in Giving

- Maharagama Cancer Hospital donation.
- Provided 23 KFC Biryani large packs to patients.
- Marked the beginning of involving the entire household in the act of giving.

NotebookLM

Reaching Beyond Borders and Sustaining Devotion

2018: Expanding Scope

- Supported GoFundMe campaigns for an uninsured elderly couple and a homeless woman.
- Funded an IT Lab in Sri Lanka.
- Contributed to the Asapuwa Buddha Mandiraya relic chamber.

Scale: Equivalent to 2 months of a Sri Lankan family's living expenses.

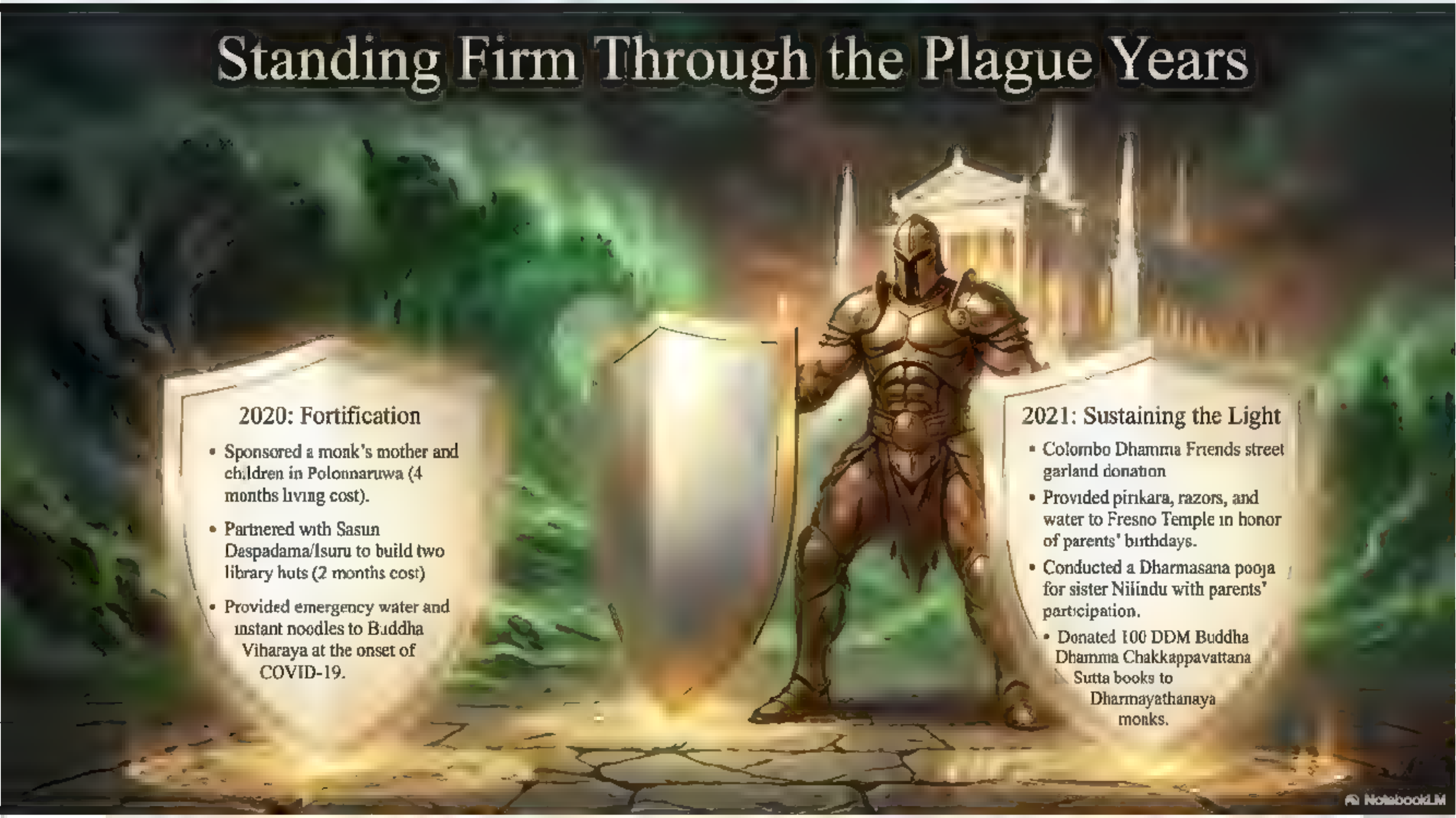
2019: Sustained Acts

- Polonnaruwa Almsgiving (funded entirely).
- Supported homeless youth in transit to Crater Lake.
- Executed 15 continuous days of alms (food and flowers).
- Mahiyanganaya Bhikkhu Vibhajjavada program (funded hostels and sound systems).

Scale: Equivalent to 8 months of Sri Lankan living expenses.

NotebookLM

Standing Firm Through the Plague Years



2020: Fortification

- Sponsored a monk's mother and children in Polonnaruwa (4 months living cost).
- Partnered with Sasun Daspadama/Isuru to build two library huts (2 months cost)
- Provided emergency water and instant noodles to Buddha Viharaya at the onset of COVID-19.

2021: Sustaining the Light

- Colombo Dhamma Friends street garland donation
- Provided pirikara, razors, and water to Fresno Temple in honor of parents' birthdays.
- Conducted a Dharmasana pooja for sister Nilindu with parents' participation.
- Donated 100 DDM Buddha Dhamma Chakkappavattana Sutta books to Dharmayathanaya monks.

NotebookLM

Constructing the Citadels of Wisdom in 2022

Physical Infrastructure

- Maha Gnanloka Thero's huts and Sanghavasa
- Kinigama Aranya (funded internet, electricity, and Dhamma Dana).

Combined Scale: 5 months of SL living expenses.

Digital Reach

- Sasungatha Aswaddama: Sponsored screens for Kalama Sutta 12-hour sermons.
- Funded a 5-part Dhamma sermon series broadcast via CCTV by Sudassana Thero.

Community Nourishment

- Supported the Anagarika Asapuwa Biryani Dansala.
- Participated in relic veneration.

NotebookLM

The Transmission of Wisdom and Care

2023: Media & Education

- Sponsored 12 episodes of Sathi TV Vinaya Deshana by Nanda Rathana Thero.
- Furnished Fresno Temple bookshelves with Jathaka tales, Dhammapada, and Theragatha books for children.
- Provided medicine for Bodhiman Thero's contacts.

2024: Wide-Reaching Compassion

- Sent 10 Dhamma Pada pocket books to Sri Lanka.
- Provided dry rations for 10 pregnant mothers via the Buddhist Society.
- Funded pantry cupboards for Aloka Thero.
- Supported a GoFundMe for a colleague's sudden fatal accident.
- Donated to Sandaniru Seya, Anagarika Asapuwa, and Gampana Asapuwa.
- Provided aid to two Preethipura orphanages and Horana sick monks.

NotebookLM

Guardians of the Truth

The Bhante Sujato Project (2025)

- Donated toward the Pirivena project and funded 10 copies of the translation book.
- Repaired Bhante Sujato's laptop keyboard to ensure uninterrupted translation work.

Supported because Bhante Sujato helped guide us to the pure Dhamma and the accurate Tripitaka.

Supporting the Pilgrims

- Sponsored three meals for 50 devotees traveling on the Polonnaruwa Pilgrimage.

Scale: 1.5 months of SL living expenses.

NotebookLM

March 2026: The Crucible of Duty

The Crisis

- Mother diagnosed with breast cancer, requiring surgery and 1.5 months of intense recovery.

The Convergence

- Thilini arrived from Sri Lanka for three weeks to provide care.
- The speaker stayed for three weeks to support the household.

The Pivot

- A profound shift in focus from purely religious acts (Sasana) to deep personal and human obligations (Yutukam).

NotebookLM

Armoring the Vulnerable

Maharagama Cancer Hospital

- Met with Prasad to organize targeted giving. Both sets of parents distributed 3 large care packs to the wards.
- Distributed Ariya Dhamma Pada books and 49 toothbrushes bulk-purchased by the father.

Disabled School

- Pre-delivered dry rations and served meals on the father's birthday (Cost: 1/8th month SL living expense). Both families visited together.

Anticipating Global Crises

- Secured 6 months of medical supplies for the family, anticipating supply chain failures from the Ukraine war.

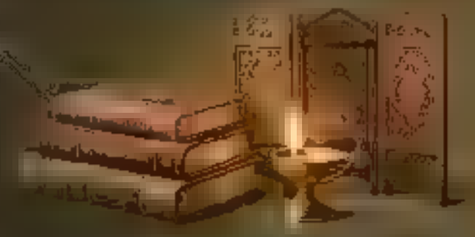
NotebookLM

The Architecture of Generosity

Sasana (Spiritual Merit)

Beneficiaries
Monastic communities, Temples, Dhamma broadcasters

Provisions
Kutis (monk lodgings), Dhamma books, sermon screens, translation sponsorships



Underlying Motivation
Preserving the Buddha's word and illuminating the mind

Yuthukam (Humanitarian Obligation)

Beneficiaries
Hospitals, orphanages, uninsured elderly, the physically ailing.

Provisions
Dry rations, medical supplies, hygiene products, immediate financial relief.

Underlying Motivation
Fulfilling human obligation and alleviating bodily suffering.

NotebookLM

The First Rays of Compassion (2013–2017)

2013: First major personal donation from an early salary, directed to the Sujatha Home for the elderly in Panadura, inspired by a friend named Anchana.

2017: A family-driven almsgiving. 23 large KFC Biryani packs provided directly to the Maharagama Cancer Hospital.

NotebookLM

Expanding the Reach of Light (2018–2020)

Humanitarian Contributions

- GoFundMe support: Uninsured elderly couple, a homeless woman, and an IT lab (1 SLLM)
- Support for a Polonnaruwa monk's mother and children (4 SLLM)
- Crescat homeless youth relief
- COVID-19 relief: Water and instant noodles to Buddha Viharaya

Sasana Contributions

- Asapuwa Buddha Mandiraya relic chamber
- 15 continuous days of almsgiving (1 SLLM)
- Mahiyanganaya Bhikkhu Vibhajjavada hostels & sound systems (5 SLLM)
- Sasun Daskam Padanoma: Two kutis and a library (2 SLLM)

NotebookLM

Amplifying the Dhamma (2021–2022)

Meetirigala Dharmayathanaya: Dhammacakkappavattana Sutta presented during Nalin & Akka's Dharmasana Pooja.

Kande Aaranya: Dhamma Dana, internet, and electricity (5 SLLM total).

Maha Nanaloka Monk: Essential support for for kutis and sanghavasa (2 SLLM).

Digital Broadcasting: Sponsored CCTV Dhamma sermon series and screens for for a 12-hour Kalama Sutta sermon (3.5 SLLM).

NotebookLM

Preserving the Word and Healing the Ailing (2023–2025)

Dhamma Preservation

- Sathi TV Vinaya sermons (12 episodes) by Nanda Ratana monk (3 SLLM)

- Fresno temple bookshelves: Jataka, Dhammapada, and Theragatha books for children
- 10 pocket Dhammapada books distributed via Thilini's mother (1.5 SLLM)

- Bhante Sujato Pirivena translation project (10 copies donated) and laptop repair

Physical Care

- Preethipura Orphanage and Buddhist TV pregnant mothers: Dry rations

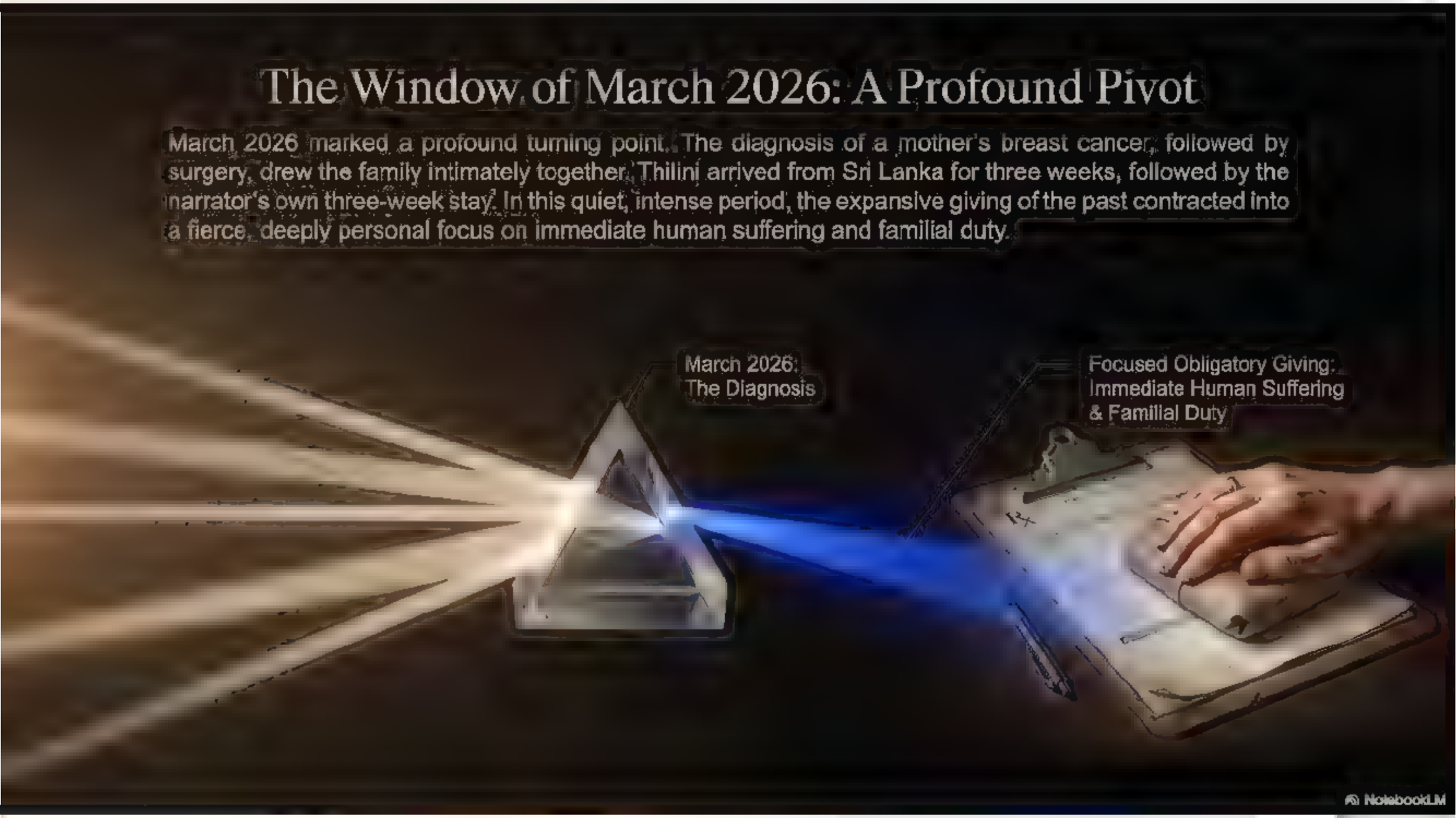
- Horana Gilan Bhikkhu center: 20 pads and 2 bedpans offered by parents

- Bodhiman monk's friend's family: Emergency medicine provisions

NotebookLM

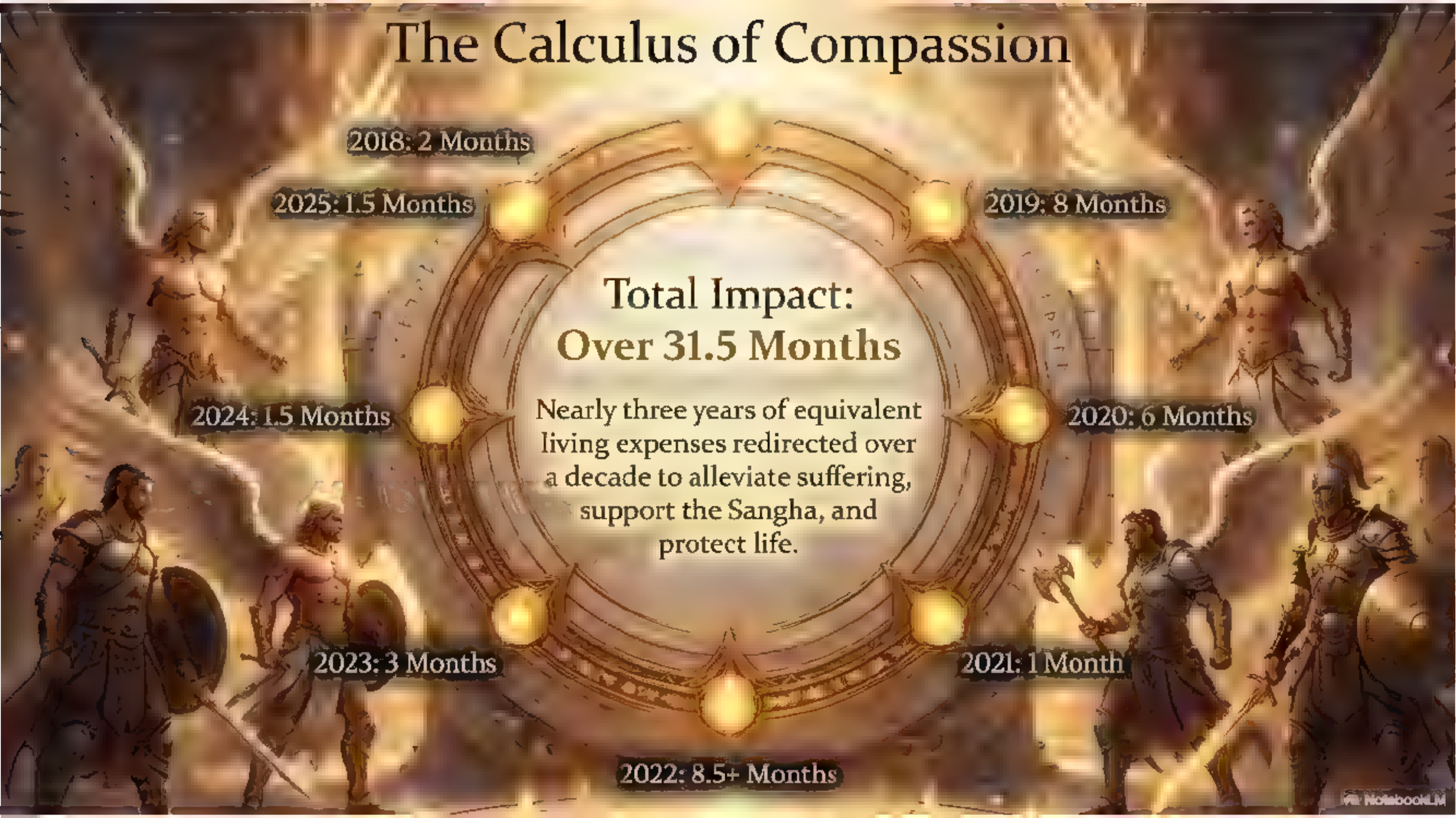
The Window of March 2026: A Profound Pivot

March 2026 marked a profound turning point. The diagnosis of a mother's breast cancer, followed by surgery, drew the family intimately together. Thilini arrived from Sri Lanka for three weeks, followed by the narrator's own three-week stay. In this quiet, intense period, the expansive giving of the past contracted into a fierce, deeply personal focus on immediate human suffering and familial duty.



NotebookLM

The Calculus of Compassion


2018: 2 Months
2025: 1.5 Months
2019: 8 Months
Total Impact:
Over 31.5 Months
Nearly three years of equivalent living expenses redirected over a decade to alleviate suffering, support the Sangha, and protect life.
2024: 1.5 Months
2020: 6 Months
2023: 3 Months
2021: 1 Month
2022: 8.5+ Months

Anatomy of an Offering: Maharagama Cancer Hospital (2026)

Coordinated with Prasada, this offering united both Thilini's and the narrator's parents in a joint act of merit.

Spiritual Solace: The Ariya Dam Padaya book, offering mental refuge.

The Unseen Labor: 45 adult and 4 junior toothbrushes. Sourced through the father's painstaking effort to procure bulk quantities across four different stores prior to the offering.

Unified Generosity: Presented jointly by the hands of both families directly to the hospital wards.

NotebookLM

The Light Remains

From the solitary contributions of 2013 to the united, familial resilience inside a cancer ward in 2026, this decade of Pinkam reveals a singular truth: Our greatest obligations—both religious and human—are fulfilled by choosing to become a shield for others.

NotebookLM

Turning Inward: The Fulfillment of Human Obligation

Protective Stockpiling: Driven by fears of national shortages tied to the Ukraine war, a comprehensive **6-month stockpile** of essential medicines was secured for the family to ensure their unbroken care.

The Seed School: A deeply moving visit to a deaf and blind school. Essential goods were procured the day prior, culminating in the family sharing a meal with the children on the father's birthday. (Impact: 1/8 SLLM).

NotebookLM

The Scale of Spiritual Maturity

True generosity requires illuminating both the mind and the body. The early years built the strucctural foundations of the Dhamma (*Sasana*), but it was the profound personal crisis of 2026 that awakened an absolute dedication to immediate human obligation (*Yuthukam*). The journey of merit is ultimately one of achieving balance.

NotebookLM